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■ Service Best successful

Chamber gearing up for another busy summer

Visitors to Elk Point this summer will get the best service ever. Those attending the April 5 meeting of the Elk Point Chamber of Commerce were told that 28 participants representing 17 businesses took part in the Service Best seminar on March 27 to learn the fine points of top-notch customer service. Lynall Slywka was one of the participants and said it was "a good program. I got my money's worth. But two four-hour days would be better." Slywka said that a lot of valu-

able information was compressed into the one day session.

Some interest was expressed in Service Best's management seminar, which is costly but could potentially be shared with other communities in the area to make it affordable to the business owners and operators.

The Chamber is looking forward to a busy spring and summer, with numerous events on the calendar.

The first of these is involvement in a Spruce Up Day in

conjunction with the nationwide Pitch In Canada campaign. Garbage bags are to be ordered for the event in the first week of May.

Next is a stop in Elk Point for the Riverland Trail Water Relay, which will fill the gap between Fort Saskatchewan and Onion Lake in the Trans Canada Trail Water Relay. The relay will reach St. Paul on Tuesday, May 16, where there will be a relay around the town by quads, horseback riders, bicyclists and walkers followed

by a wiener roast. Wednesday morning, the relay heads to Elk Point, where it is expected to arrive at approximately 11 a.m. for a brief stop before moving on to Heinsburg, where an afternoon of activities are planned. Activities for the Elk Point stop have not yet been determined, but should be announced at the next Chamber meeting.

Also on the next meeting's agenda will be the setting of fees for the June 3 Community Garage Sale, which is held in

conjunction with the annual Elk Point Auto Club Show and Shine. The fees cover newspaper advertising and maps which are handed out to make it easier to find the numerous sales. That is also the day of the Elk Point 4-H Multi Club Steer and Heifer Achievement Day, and is sure to be a busy one in Elk Point.

Later plans include the July 1 Canada Day celebrations and the much-anticipated circus in August or early September.



Volume 20, No. 15

50 cents (GST inc.)

Tuesday, April 11, 2000

Lord Stanley's Cup visits Fishing Lake

Local hockey hero plays a part in historic moment



CANADIAN TRADITION—Bonnyville MLA Dennis Ducharme proudly holds the Lord's Stanley Cup, surrounded by Canada's finest.

By Keith Robinson
Staff Writer

Montreal Canadians defenceman Sheldon Souray made Fishing Lake residents proud when he was drafted and eventually played in the National Hockey League.

On Sunday, he gave back to his roots, which he does at every possible chance, by helping arrange the Lord Stanley's Cup to visit the community.

Not only was it very proud moment for Souray's family, the residents of Fishing Lake and the audience, it was a historic moment for the NHL as well.

A media frenzy from St.

Paul, Edmonton, Cold Lake, Lloydminster and the American-based ABC Nightly News fought to get a glimpse of the world's most prestigious trophy at its first visit to a Metis Settlement.

Ken Noskey, president of the Metis Settlement General Council of Alberta, said it's obvious that Souray's well loved locally.

"Sheldon is a great role model for everyone especially for the Metis kids. He was determined to make it and with the hard work, he did. The love and support from his family and the settlement helped him. And now, he has inspired every other minor hockey player by

playing in the NHL."

Numerous speakers continued to praise Souray and his involvement within his community and for being a positive influence for the kids.

However, the main highlight of the ceremony was when Audrey Poitras, the president of the Metis Nation of Alberta, spoke.

"Sheldon's tremendous commitment to hockey and the Metis people is amazing. On this day, the world knows a bit more about the Metis people."

Afterwards a sweater bearing the Metis of Alberta logo was presented to Sheldon's mom, Lilianne.

Prior to the festivities,

Souray recorded a brief presentation for the audience and more importantly, his family. He wished he could have been there, but because of his job he couldn't. Cheers from more than 600 people followed the brief presentation.

The Stanley Cup kicked-off it's third annual Hockey Fights Cancer campaign in Fishing Lake. Over the next two months, the cup will be travelling across North America to raise funds to fight cancer.

The campaign raised over \$2.5 million the last two years. Fishing Lake kicked-off this year's campaign with a \$500 donation.

"It's a good start," said Phil Pritchard, the curator at the Hockey Hall of Fame and a man known as the "Keeper of the Cup."

Hockey Fights Cancer is a joint initiative created by the National Hockey League and the National Hockey League Players' Association that honors those in the hockey community who have struggled, or continue to struggle with the disease.

The goal of Hockey Fights Cancer is to raise money and visibility for local cancer care or research, as well as to support the American Cancer Society and Canadian Cancer Society national organizations. In addition to the NHL and the NHLPA, additional funding for Hockey Fights Cancer has come from NHL Officials Association, MBNA, CBC, NHL member clubs, and fans throughout North America.

Bill 11

**protects Alberta's
publicly funded
health care system.**

Fact:

No one will pay for medically necessary services.

Fact:

No one will be able to queue jump.

Fact:

Everyone will benefit from reduced waiting lists.

Fact:

Bill 11 will prevent two-tier health care from developing in Alberta.

Fact:

Bill 11 will create more choice for Albertans in full compliance with the Canada Health Act.



310-4455



www.gov.ab.ca/healthfacts

from the FCSS DESK

Emotional reactions perfectly normal in a disaster

By Deanna Easthope
FCSS Director

The last two weeks I have been talking about our local volunteers receiving training in how to help at a reception centre during a major disaster. I also talked about how individuals could prepare themselves in case they were asked to evacuate.

This week I would like to talk about our emotional reactions to a disaster. Did you know you won't "act like yourself" for a while? Most people

caught in a disaster usually feel confused. They may tremble, feel numb, vomit or faint. Immediately after the disaster they often feel bewildered, shocked, and relieved to be alive. These feelings and reactions are perfectly normal.

Later, many survivors sleep poorly, have no appetite, are angry with those around them, or panic at the slightest hint of a storm. Kids might start thumb sucking or bed wetting. These feelings and reactions are perfectly normal too.

How to get back on track - Here are some suggestions to help get yourself and your family back on track after the disaster:

They may want to do this by drawing or playing instead of talking. Understand that their feelings are real.

Volunteers... What would we ever do without them?

National Volunteer Week
April 9 - 15

Talk about your feelings. Talk about what's happened. Get your kids to express their feelings.

Recognize that when you suffer a loss, you grieve. (Yes, you can grieve the loss of a wedding photo

or your grandfather's favorite ring.) Feeling apathetic. Feeling hostile. Not sleeping or eating well. These are all grief reactions. You and your family will need time to heal.

Concentrate on your kids. During and after a disaster, your kids will look to you for help and guidance. How you react to the situation gives them clues on how to act. If you show fear, they'll probably get really scared. Even if you show no fear, they'll probably feel anxious.

After a disaster, kids are most afraid the event will happen again, someone will get hurt or injured, they will be separated from the family and they will be left alone. So comfort and reassure them. Tell them what you know about the situation. Be honest but gentle.

Encourage them to ask questions about the disaster. Keep them with you, even if it seems easier to look for housing or help on your own. At a time like this it's important for the whole family to stay together.

If you become involved with people who are trying to help you, remember they have your best interests at heart and will be doing their best to ease the stress of the disaster.

This brings me back to the beginning. In Elk Point, we have volunteers who received some training in how to operate a reception centre. We sure do appreciate the time you took to become prepared to help the community in case there is a major disaster. Thank you, Elk Point volunteers! Enjoy April 9 to 15, National Volunteer Week.

Palliative Care training available for volunteers and caregivers

Lakeland Regional Health Authority and the Elk Point Palliative Care Committee present "The Art of Being There," Palliative Care training for volunteers and caregivers.

Palliative Care is a service which provides comfort and dignity for people in the final stages of life. The focus of care is on attending to the person's physical, spiritual, emotional, mental and social needs, whether in

hospital or at home. The emphasis is no longer on cure, but comfort and quality of life. Palliative Care also extends to the time of death and bereavement follow-up. Palliative Care volunteers and caregivers enhance the services provided by other members of the Palliative Care Team.

Volunteers and caregivers can play a valuable role simply by "Being There" for the patient, family and friends.

Volunteers and caregivers visit with the purpose of providing companionship and support, through listening and sharing. Volunteers and caregivers can provide the gentle touch, compassionate ear and extra care

for the terminally ill person.

Due to the nature of the program it is essential that all volunteers have some knowledge and understanding about palliative care. The training

(Continued on Page 6)

LAKELAND REGIONAL HEALTH AUTHORITY &
THE ELK POINT PALLIATIVE CARE COMMITTEE
PRESENTS



The Art of Being There PALLIATIVE CARE TRAINING FOR VOLUNTEERS AND CARE GIVERS

Session 1: What is Palliative Care? Death Awareness: Date: Monday May 1/00, 6:30 to 9:30 pm at Elk Point Health Centre
Session 2: Coping with Death, Dying & Bereavement, Communication: Date: Friday, May 5/00, 6:30 to 9:30 pm; Sat., May 6/00, 9 am to 4 pm at Elk Point Health Centre
Session 3: Dynamics of Relationships: (Culture, Family Dynamics & Spirituality). Date: Monday, May 8/00, 6:30 to 10 pm at Elk Point Health Centre
Session 4: Funeral Home Tour: Date: Thurs., May 11/00, 6:30 to 9:30 pm at Yewchin's Funeral Chapel St. Paul.

Registration forms available at the Elk Point Health Unit.
\$20.00 registration fee (includes Sat. lunch and training manual).
Course is limited to 25 participants.

For more info. call: Jean McGinnis, 724-2129, Grace Kinjerski 724-3530 (w), 724-2265 (h) or Kelly Sadler 310-0000, ask for 594-4404.

RANGER OIL OPEN HOUSE

SENIORS RECREATION CENTRE
Wed., April 19, 2000

7:00 pm

DISCUSSION TOPICS:

- 1) Well abandonments & lease reclamations
- 2) Extending trucking hours
- 3) Other concerns.

FOR FURTHER INFORMATION CALL:
Brenda (780) 724-6500



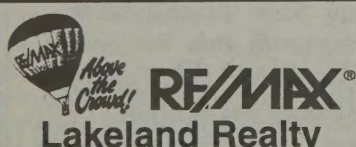
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E-mail: gharms@telusplanet.net



REDUCED
Acreage With Large Shop - Close to Denwent, this 1.91 acre parcel includes 2 bdrm. bungalow with finished basement and new shingles and paint. Large 24' x 57' shop with in-floor heating, skylights, wiring and panelling.
Now reduced to \$65,000.00



800 sq. ft. bungalow with newer paint and flooring, finished basement and detached garage. Yard is fenced and landscaped. Many upgrades & inclusions. Close to all amenities. Call Glenn.
\$85,000.00



5121 - 54A Street - 1376 sq. ft., 3 bedroom bungalow with sunken livingroom, fireplace, formal diningroom, french bay windows and large deck. Includes fridge, stove & dishwasher. Call to view.
\$109,000.00



4913 - 55 Avenue - 1120 sq. ft., 3 bedroom bungalow. Basement is finished - adding 2 more rooms and a large family room. Detached garage and many upgrades done. Included is the fridge and stove.
\$75,000.00



5455 Circle Drive - This 3 bedroom 1118 sq. ft. bi-level home is located on a well established crescent in Elk Point. Includes 3 bedrooms and a partially finished basement featuring a new Pulse furnace. Well landscaped yard with a double detached garage.
\$87,000.00

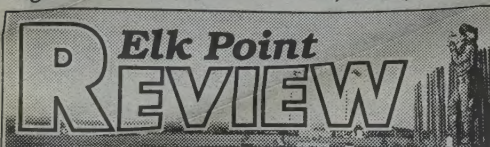


5206 - Railway Avenue - 914 sq. ft., 1 bedroom well kept home, includes many upgrades. Situated on large lot. Includes 4 appliances, all window coverings and garden shed. Call for complete information.
\$54,900.00

RE/MAX FEATURE HOME



5114 - 54A STREET, ELK POINT - This modern well kept 1040 sq. ft. bungalow features 3 large bedrooms (with large closets), bath & 1/2, sit in bay window in living room, oak cupboards, formal dining room and partially finished basement. This home includes dishwasher, built-in vac, newer fridge and stove and hot water heater. If you like the outdoors, you're going to love this yard. The large lot includes fence, back deck and features outstanding landscaping with fire pit, wood storage and unique benches. All this, including a great neighborhood and a great price!
Only \$94,000.00



VIEWPOINTS



GETTING A HEAD START ON SPRING CLEANING were Elk Point Elementary's ECS teacher Kenda Rudkowsky and her students, who made short work of tidying the playground.

Food for Thought

Six pillars of character

Last week at the Elk Point Advisory Council meeting, guest speaker Diane Stonehocker listed "Six Pillars of Character," which you may want to clip and save. They are:

Trustworthiness - Be honest. Don't deceive, cheat or steal. Be reliable - do what you say you'll do. Have the courage to do the right thing. Build a good reputation. Be loyal - stand by your family, friends and country.

Respect - Treat others with respect; follow the Golden Rule. Be tolerant of differences. Use good manners, not bad language. Be considerate of the feelings of others. Don't threaten, hit or hurt anyone. Deal peacefully with anger, insults and disagreements.

Responsibility - Do what you are supposed to do. Persevere: keep on trying! Always do your best. Use self-control. Be self-disciplined. Think before you act - consider the consequences. Be accountable for your choices.

Fairness - Play by the rules. Take turns and share. Be open-minded; listen to others; Don't take advantage of others. Don't blame others carelessly.

Caring - Be kind. Be compassionate and show you care. Express gratitude. Forgive others. Help people in need.

Citizenship - Do your share to make your school and community better. Cooperate. Stay informed; vote. Be a good neighbor. Obey laws and rules. Respect authority. Protect the environment.

Find more at <http://www.charactercounts.org/defsix.htm>.

Dental Health Month

A healthy mouth is important

By Teresa Amoroso
Canadian Dental Association

April is Dental Health Month and an ideal time to learn how to keep your teeth and gums healthy for your lifetime.

You are never too old to have healthy teeth and gums. Your dentist wants to make sure you maintain your teeth and gums for your whole life. You need to have dental check-ups because even if you brush and floss each day, you can't see all the parts of your own mouth.

As you get older, you may have dentures or dental implants. These need to be checked by your dentist. If you take medicine that makes your mouth dry, you need to have your dentist take a closer look.

Check-ups cost money but in the long run, it is better to find out about dental problems early. Regular check-ups will help avoid more serious or costly dental work later on. Along with check-ups, the two most important things you can do to keep your teeth in good shape are brushing and flossing. If your brush your teeth well, you will remove plaque that causes gum disease and decay.

Gum disease is one of the main problems faced by adults. People who have false teeth or partial dentures can also get gum disease around any teeth that are left. If you have gum disease:

■ Your false teeth will not fit well over gums that are sore,

swollen or bleeding;

■ Your partial dentures (or removable dentures) will not be held firmly in place if your natural teeth and gums are not strong.

If you find it too hard to hold your toothbrush because your have arthritis or some other health condition, you can:

- make the toothbrush handle bigger by wrapping a sponge around it;
- make it bigger with a layer of aluminum foil;
- put a bicycle handle grip around the toothbrush;
- use an electric toothbrush.

If you have dentures you still need to care for them as carefully as you would look after your natural teeth. Make sure you clean them every day because plaque and tartar can build up on false teeth too. Take them out at night and brush your teeth and gums carefully with a soft toothbrush, and soak your false teeth overnight.

CARING FOR SOMEONE ELSE

If you're caring for someone else, either family or a close friend, there is a lot you can do to help when this person needs mouth care. It may feel a bit strange at first, so go slowly. If the person does not want your help, respect their wishes. Ask your dentist for advice in this case.

Here are some tips for caring for others:

Natural teeth

■ Stand behind the person to brush and floss their teeth;

■ Let the person sit in front of the sink. That way, you can make the motions you use when you brush and floss your own teeth;

■ Make sure you use a soft toothbrush, or you may find an electric toothbrush better. Ask the person to tell you if you are brushing too hard;

■ Have the person rinse with warm water.

False teeth or partial denture

■ Let the person tell or show you how to take them out. (With false teeth, put the upper set back first, and then the lower set.)

■ Both kinds of false teeth must be cleaned daily.

■ Look for cracks in the denture. If you find any, take it to a dentist for repair.

■ Fill the sink with water.

■ Scrub the false teeth or partial denture with a denture brush and soap.

■ Rinse with water when you finish cleaning.

■ Soak false teeth overnight. They can be soaked in a special cleaner or in warm water, or in a mix of warm water and vinegar (half and half). If the denture has metal clasps, use warm water only for soaking.

Remember, your dentist looks for gum disease, cavities, loose fillings, broken teeth, infection, cancer and signs of other problems that could affect your general health. Many small problems can be caught before they get big. Many small problems can be treated right away.

Fitness File

Movement - one of life's great pleasures taken for granted

When you're counting your blessings, don't forget one of the simplest: movement.

Surely this is a pleasure that's often taken for granted. Yet experiencing movement by ourselves and others can bring great satisfaction. Consider:

- the self-expression of dance; the beauty of watching a ballet
- the pleasure of stretching one's muscles after a satisfying sleep
- watching butterflies or lightening bugs or moths as they flit, bob and weave around the yard
- propelling your body through space by running, walking, riding a bike
- reveling in the sheer energy of children on the playground
- watching your pet chase a ball.

The joy of movement is well

worth savoring — and nurturing. That's especially true during exercise, from the simplest movement to the toughest aerobic workout. To make the most of it, follow these tips.

1. Keep moving throughout the day. A sudden fit of activity during workout time can be jarring to a body that's been sitting in one static position for most of the workday. Use stairs instead of elevators. Get up from your chair every 45 minutes or so and walk around the room. If you work at a keyboard, periodically rotate/stretch arms, wrists, neck and shoulders.

2. When you do work out, stretch properly and carefully. And time your stretching right: start by working out to an easy level, and then stretch. Or

stretch after the aerobic portion of your workout is completed. If you're at all unsure about the proper form for stretching, ask for expert advice or consult one of the many training books or videos available.

3. Association movement with fun. Put one of your favorite CDs on the stereo and dance around the living room. Take a brisk walk in a park with nice scenery. Try a group bike ride where you can have fun with others in pleasant surroundings.

The joy of movement is yours for the taking. So move... often... with enjoyment and grace.

- Courtesy of TOPS Club Inc.
1-800-932-8677
www.tops.org

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community-NEWS

French Club completes first part of Quebec exchange

By Leanne Wilson
Student Journalist

Hello from F. G. Miller High School. Well, the Millennium French Club has completed the first part of their exchange. From March 19 - 26, 14 students from Poh  n  gamook, Quebec visited Elk Point. The F. G. Miller students showed the visitors many places that are a significant part of Alberta's culture. These included trips to the Legislature Building, the Provincial Museum, West Edmonton Mall, the Cold Lake Air Base, Maureen and Lawrence Ference's buffalo farm, the Windsor Salt Plant, Ranger Oil, the Frog Lake Reserve and a wiener roast and sleigh rides in Heinsburg. The group would like to thank the Windsor Salt Plant, Ranger Oil, Frog Lake, Heinsburg Community Club, Roy Scott, and Maureen and Lawrence Ference for their generosity and contributions to the exchange.

During the week, the Quebec students along with the Crusaders learned a great deal about Alberta as well as the language they're studying and made many new

friends. The last part of the exchange will take place in May when our students travel to Quebec, which I'm sure they are looking forward to.

Feature Teacher:

This week the Feature Teacher is Mrs. Lily Pentek, who happens to be the main organizer of the Quebec/Alberta Exchange. Mrs. Pentek began her teaching career at F. G. Miller in 1983 and teaches Junior High Language Arts, Senior High English, and French for both Junior and Senior High. In Elk Point she also tutored adults through the Learn Program. Prior to F. G. Miller, Mrs. Pentek taught in Claresholm, Tilley, Silver Valley and Brooks (where along with teaching high school students she taught English as a second language to adults).

After graduating from high school in Coleman, Alberta, Mrs. Pentek attended the University of Lethbridge. There she attained a Bachelor's degree in Education, majoring in French and English and a Masters degree in Education, majoring in administra-

tion and consultation. She also took French Immersion courses, through the Government Bursary Program, in the Banff School of Fine Arts and for two summers in Jonquiere, Quebec though the University of Alberta. Mrs. Pentek has also taken computer courses in the University of Calgary. During university, she enjoyed interning at Winston Churchill in Lethbridge. She comments that her English professor prepared her for the English writing required in her other university courses.

Mrs. Pentek has worked at many jobs while attaining her education, such as being an usher at the local theatre during Senior High School. In the summers when she was attending university, she was a hotel chambermaid and picked garbage to clean up the city through the Opportunities for Youth Government Program. In addition to many jobs, Mrs. Pentek has participated in a variety of extra-curricular activities including yearbook advisor, speech and debate coach, cheerleading

coach, volleyball coach, P.D. committee secretary and treasurer, graduation ceremony organizer, district speech and debate tournament coordinator, organizer of four French exchange trips, and liaison teacher for Quebec/Alberta student exchange.

In her spare time, Mrs. Pentek enjoys reading about herbal medicine and natural cures as well as historical romances. She loves interacting with nature while going camping, stream fishing, cross-country skiing and walking. She also enjoys

sewing quillos, traveling, visiting with good friends and family. Mrs. Pentek's future plans are to write, do a world cruise, go on a safari and find a beautiful, peaceful island where she can spend the winters.

In closing, Mrs. Pentek would like to say that long term goals are very important. It breaks her heart to see students with a lot of potential not doing well because of their short-sightedness. Always be the best you can. Don't say "I can't" because nothing is impossible.

Important BARGAINING UPDATE

Mediator Recommends Settlement for Licensed Practical Nurses, Nursing Attendants and others in similar positions

- Licensed practical nurses get 9% salary increase over three years and additional 3.28% for nurses with 6+ years experience.
- Nursing attendants get 7% over three years and payments of up to \$1,100 in each of April 2001 and April 2002.
- 50% increase to hourly premium paid for working evenings and nights and 120% increase to weekend premium for all employees.

The mediator has recommended a settlement package to health employers and the 6,700 licensed practical nurses, nursing attendants and others in similar positions who are members of the Alberta Union of Provincial Employees. The settlement is more costly than the last offer made by employers, but fair overall. It gives employees significant increases to wages and benefits. It also offers the health system labour peace and stability over the three-year term. Results of the employer and the employee ratification votes must be provided to the Alberta Government no later than April 26, 2000.

Settlement Offer

		April 1, 2000	Jan 1, 2001	April 1, 2001	Jan 1, 2002	April 1, 2002	June 1, 2002
• Licensed Practical Nurses • Physiotherapy Assistant • Orthopedic Technician (Certified and Non-Certified) • Operating Room Technician • Other related classifications	Basic Rate of Pay Increase	3%		3%		3%	
	Market adjustment for employees with 6+ years experience						3.28%
	Shift Premiums (\$1 current)	\$1.15	\$1.25		\$1.50		
	Weekend Premiums (\$50 current)	\$65	\$75		\$110		
• Nursing Attendant • Physiotherapy Attendant • Occupational Therapy Attendant • Other related classifications	Basic Rate of Pay Increase	3%		2%		2%	
	Past service payment based on hours worked in previous year			payment up to \$1,100		payment up to \$1,100	
	Shift Premium (\$1 current)	\$1.15	\$1.25		\$1.50		
	Weekend Premium (\$50 current)	\$65	\$75		\$110		

Alberta's health employers have more bargaining ahead before all the contracts that expired March 31st are renegotiated. This includes a multi-employer agreement with the 6,400 members of the Health Sciences Association of Alberta (HSAA).

Health authorities and the 60,000 people who work with us share a responsibility for providing care to Albertans. That means being there 24 hours a day, seven days a week, 52 weeks a year.

Throughout all bargaining, providing good patient care and health services is our first priority.

A message from Alberta's Regional Health Authorities.

Call 1-877-535-5855 for updates on multi-employer negotiations or visit our web site at www.phaa.com. For further information on local health services, please call your health authority.

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NOTICE

IS HEREBY GIVEN THAT A

Meeting of the Electors

of the County of St. Paul No. 19

will be held at the

County Public Works Shop, St. Paul
North of the King's Motel

Tues., April 11, 2000 - 4 pm

FOR THE DISCUSSION OF THE
1999 AFFAIRS OF THE COUNTY

The financial statement and auditor's report will be made available and presented at the April 11, 2000 annual meeting.

The financial statement and auditor's report for the year ending 1999 for the County of St. Paul No. 19 are available at the County Office for pick-up.

ROBERT KRAWCHUK
County Administrator -
Phone 645-3301

community NEWS

Saluting Elk Point's Volunteers...
National Volunteer Week - April 9-17
Thanks to all of you for all you do!

Members Persons with Developmental Disabilities Board

Qualified individuals are required to serve as members of the Persons with Developmental Disabilities Provincial Board and six Regional Community Boards.

If you possess the values and understanding of the needs of adults with developmental disabilities and their families, you may be interested in becoming a Board member on one of the following boards:

- Provincial Board (province-wide responsibilities, based in Edmonton)
- Calgary Region Community Board (based in Calgary)
- Edmonton Region Community Board (based in Edmonton)
- Northwest Region Community Board (based in Peace River)
- South Region Community Board (based in Lethbridge)
- Central Region Community Board (based in Red Deer)
- Northeast Region Community Board (based in St. Paul)

As a Board member you will be involved in the governance over the delivery of programs supporting adults with developmental disabilities and their families. You will ensure decisions are made that respect choices and promote dignity, equality and community inclusion for people with disabilities.

Role of the Provincial Board:

The Provincial Board is accountable to the Minister of Health and Wellness, for coordinating province-wide delivery of services, allocating funding to Community Boards, and for developing policies that ensure consistency of delivery across the province to persons with developmental disabilities.

Role of Regional Community Board:

The six Community Boards are responsible for local planning, determining community priorities for services, funding services and coordination of services to persons with developmental disabilities.

Qualifications:

Volunteer, personal or professional experience in a related business, management, legal, or community service capacity, related community or board experience. Personal or professional experience in meeting the needs of developmentally disabled adults and their families would be an asset. All applicants for Regional Community Boards must reside within the geographic area served by the Community Board. Persons, or their spouses, who are currently employed by the board or receive 50% of their income from the government for providing services to persons with developmental disabilities, are not eligible to apply.

Remuneration:

Board members are paid an honorarium and out-of-pocket expenses for travel, meals, and accommodation.

A nomination package for Persons with Developmental Disabilities Board Membership must be completed and submitted to the Persons with Developmental Disabilities Board Nomination Review Panel no later than April 28, 2000. The package includes a nomination form and details about eligibility requirements. Nomination packages are available at local MLA constituency offices, the offices of the Provincial Board or any of the Regional Community Boards, and Alberta Health and Wellness.

Complete nomination packages must be sent to:

Persons with Developmental Disabilities Boards Nomination Review Panel
 19th Floor, 10025 - 101 Street
 Box 1360
 Edmonton, AB T5J 2N3

For more information, please contact:
 Norm McLeod at (780) 427-1177. To be connected toll free, dial 310-0000.

Alberta
HEALTH AND WELLNESS

Palliative Care training available

(Continued From Page 3)

terminally ill patients and their families in the Lakeland Region. It is designed to introduce participants to the issues involved in the provision of this type of care prior to their involvement as a volunteer. This course is not just for volunteers. It is open to anyone who is interested in palliative care. At the end of the 18-hour training the volunteer or caregiver will:

- Know the role of the palliative volunteer and caregiver;
- Know the stages of death and dying - physical and psychological;
- Learn communication skills;
- Recognize spiritual needs;
- Be aware of ethical issues;
- Know the steps in the grieving process;
- Be aware of family dynamics;
- Be able to identify stress and how to cope with it;
- Be aware of community resources that are available;
- Know cultural attitudes to death and dying;
- Be aware of the importance of self-care.

The sessions are as follows:

- Session 1 - What is Palliative Care? Death Awareness - Tuesday, May 2, 6:30 - 9:30 p.m.
- Session 2 - Coping with Death, Dying and Bereavement, Communication - Friday, May 5, 6:30 - 9:30 p.m., Saturday, May 6, 9:00 a.m. - 4:00 p.m.
- Session 3 - Dynamics of Relationships (Culture, Family Dynamics and Spirituality) - Monday, May 8, 6:30 - 10:00 p.m.

All the above sessions will be held at the Elk Point Health Centre, Education Room.

- Session 4: Funeral Home Tour - Thursday, May 11, 6:30 - 9:30 p.m., Yewchin's Funeral Chapel, St. Paul.

The fee for the training is \$20 per person, which includes coffee and treats for all sessions, lunch on the Saturday session and the training manual. The registration deadline is April 28. The limit of participants is 25 so please register early.

The Elk Point Palliative Care Committee and the Lakeland Regional Health Authority have provided funding for this training.

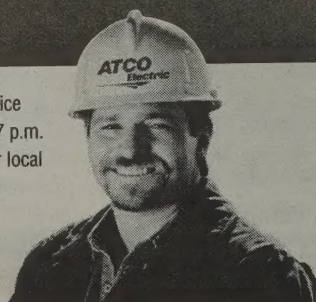
Registration forms are available at the Elk Point Health Unit. For more information in regards to the Palliative Care training or becoming a volunteer in Palliative Care please contact Grace Kinjerski at 724-3530 (work) or 724-2265 (home), Jean McGinnis at 724-2129 or Kelly Sadler at 594-4404.

Think of it as 1-800-we're already on it.

At the ATCO Electric Customer Assistance Centre, our representatives are ready to take care of your power service needs - courteously and efficiently. Call our toll-free number at 1-800-668-2248 (Monday to Friday from 7 a.m. - 7 p.m. and Saturday 8 a.m. - 4 p.m.). In case of a power emergency, call our 24-hour number at 1-800-668-5506. Our local operations people are ready to respond to your service needs. www.atcoelectric.com

1-800-668-2248 Central Service. Local Action.

ATCO Electric is an investor owned, Alberta-based company serving 164,000 customers in more than 200 communities.



ATCO Electric

READY FOR A BRIGHT NEW WORLD.



WINTER SEASON'S TOP ROPERS in the #4 category were header Lionel Romanchuk, who received his award from Lawrence Lilje (right) and heeler Malcolm Nowosad, whose award was presented by Malcolm MacKenzie (left). Nowosad also won the #4 Hi Point award from Ranchester Welding.



CATEGORY #7 TOP ROPERS were header Peter Veer, receiving the Cartier's Western Wear award from Malcolm MacKenzie (right) and heeler Matt Veer, receiving the Western Pride Auctions award from Andy Jubinville (left). Matt also won the #7 Hi Point award sponsored by LDL Cattle Company.

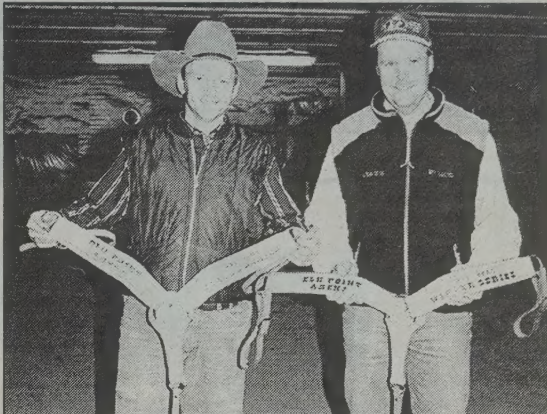
Winter Season Team Roping 1999-2000

Elk Point's Winter Series 1999-2000 Team Roping organizers and contestants thank the sponsors who supported them this year. Major sponsors were Double V Cattle Company Ltd. and Ranchester Welding, while other sponsors were Lionel Romanchuk, Hilltop Arenas, LDL Cattle Company, Holyoke Contracting, Ace Pizza, Western Pride Auctions, Cartier's Western Wear, Gaugler Quarter Horses, Domstad Trucking and R & M Energy Systems Canada.

Thanks to all the ropers and to the timers and scorekeeper for their assistance. Have a great summer, everyone!



#4 RUNNERS UP were Frank Harasimiuk, receiving his award from Malcolm Mackenzie, and Andy Jubinville, receiving his award from Holyoke Contracting.



#7 RUNNERS-UP - were Malcolm MacKenzie (left) and Roy Anderson.

Lottery win no April Fool joke

It was no April Fool's joke for Phil Sheplawy - his wish came true April 1, when he matched five regular numbers and the Bonus to win \$76,237.50 on the Lotto 6/49.

Sheplawy purchased five Lotto 6/49 selections with the plus at Home Town Grocers. As usual, the morning after the draw, he looked up the winning numbers in the Edmonton Journal. He soon realized he matched five numbers. "Guess what I got!" he yelled to his wife in the kitchen. "I got five numbers!" He then went to the kitchen to show her the ticket.

"Gee - I wish I could have the Bonus number!" Sheplawy recalls saying. And then he went back to check the Bonus number. And... "Sure enough - I got it! I can't believe it!"

When asked what his plans are for the windfall, Sheplawy was not altogether certain. One could guess that his retirement will be a lot more fun from now on, though!

Sheplawy claimed his prize April 4 at the St. Albert Prize Payout Office.

Colors of Easter

HOLIDAY COLORING CONTEST



CONTEST RULES:

1. Contest is open to children in three age categories: Category # 1 - Under 5; Category # 2 - ages 5-8; Category # 3 - Ages 9 - 12. Children with immediate family members employed by this paper or the participating sponsors, are not eligible.
2. Crayons, paints, colored pencils or felt-tip markers may be used.
3. Color the entire page and send it in care of this newspaper before (April 11).
4. Entries will be judged for neatness, use of color and overall artistic merit.
5. Decision of the judges is final.

**DEADLINE
EXTENDED TO
APRIL 13**

Colors of Easter

OFFICIAL ENTRY FORM

Name
Address
Town
Province
Postal Code
Age
Phone Number

**DROP ENTRIES OFF: ELK POINT REVIEW OFFICE 4809 - 50 AVENUE, ELK POINT
OR MAIL TO: BOX 309, ELK POINT, AB T0A 1A0**



County of
St. Paul #19

NOMINATIONS

ARE NOW BEING ACCEPTED FOR
THE COUNTY OF ST. PAUL NO. 19

2000 Farm Family Award

Each community has many deserving Farm Families who are exemplary in their farming operations and involvement in the community.

Residents and community organizations from the County of St. Paul are encouraged to submit nominations for the 2000 Northlands Park Farm Family Award.

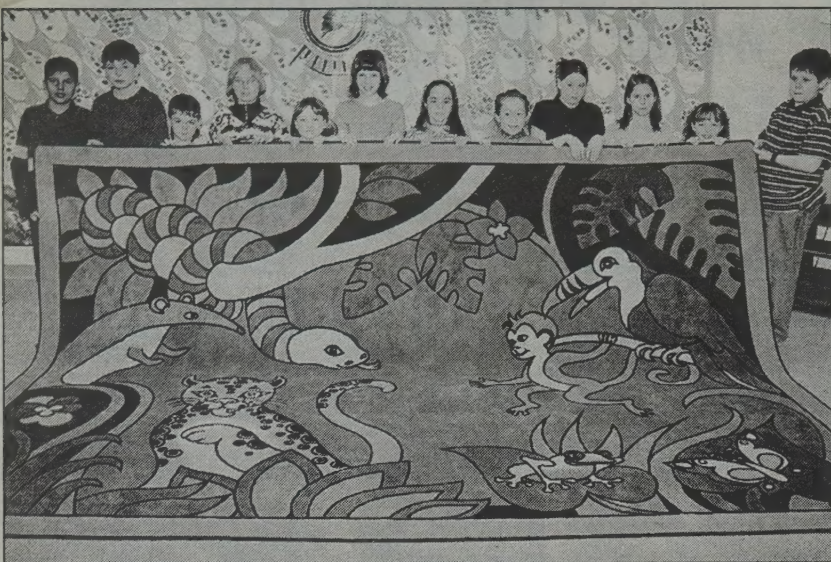
Nomination forms are available from the County Office, St. Paul.

The nomination deadline is April 25, 2000.

For further information, please contact:

Dennis Bergheim
County Office - Phone 645-3301

community NEWS



C.O.P.S. logo contest extended

Elk Point C.O.P.S. (Citizens On Patrol) is a new program supported by the Elk Point RCMP that is starting in the community in the near future. Volunteers will patrol the town during designated times and become extra

READING RUG --
Elk Point Elementary School students are enjoying a new Reading Rug in their library, thanks to the Elk Point and District Support Council.

"eyes and ears" for the police, reporting any suspicious or criminal activity. The main purpose of the program is to reduce crimes such as vandalism, theft and break and enters from occurring in Elk Point.

The C.O.P.S. Program is sponsoring a logo contest which is open to all students of Elk Point Elementary School and F. G. Miller High School. The design of the logo can be done by any means you want - computer, hand drawn, etc. Younger students may get help from their parents or sib-

lings if they wish. The logo is to display the uniqueness of Elk Point and the purpose of the C.O.P.S. Program. Entries will be judged by the C.O.P.S. executive and prizes awarded for first, second and third place.

The deadline for entries has been extended until **April 28, 2000**. Entries can be dropped off at the Elk Point RCMP Detachment.

NEXT MEETING

The next C.O.P.S. meeting is scheduled for Tuesday, April 18 at 7 p.m., Elk Point United Church.

Where have all the values gone?

Diane Stonehocker, Coordinator of Student Health Initiative for Bonnyville and Cold Lake, visited the Elk Point Elementary School's Support Council meeting last week with a session on "Where Have All the Values Gone?"

In the past, "values were taught by the family and supported by society. That's not necessarily so any more," Stonehocker said. "You have to decide if you will go against the jet stream" in a society where entertainment, money and leisure are seen as most important. However, she noted, today's lifestyle is not all negative. People are more racially aware, there is more equality between men and women, and people are encouraged to communicate better than earlier generations did.

Stonehocker listed "Six pillars of character" - trustworthiness, including honesty, reliability and loyalty; respect, including tolerance, manners and consideration; responsibility, including perseverance, accountability, self control and self discipline; fairness, including playing by the rules, sharing and listening to others; caring, including being kind, compassionate, forgiving and helpful; and citizenship, including cooperation, neighborliness, obeying laws, respecting authority and protecting the environment.

"Kids learn from television, schools and friends, but parents are still most influential," she noted, asking the parents in attendance if they could list their own values and those of their partner, and if their family has a mission statement.

"Are you living your family's values? Do you teach your values to your children?" she asked, suggesting that parents speak out publicly about their values. "It's critical that your children see it's important enough for you to do this."

Parenting involves being consistent, being concrete and being creative, Stonehocker said. "The most important things you'll ever do will be within the walls of home. At the end of the day, nothing else matters. Please don't leave the teaching of values up to society - they aren't going to do it."

ST. PAUL & DISTRICT CHAMBER OF COMMERCE 2000 Spring SELLERS FAIR

AT THE RECREATION CENTRE COMPLEX, 4802 - 53 Street, ST. PAUL

APRIL 27-28-29

THURSDAY - 5:00 P.M. - 9:00 P.M.; FRIDAY - 3:00 P.M. - 9:00 P.M.; SATURDAY 10:00 A.M. - 5:00 P.M.

NEW ITEMS, PRODUCTS & SERVICES OF INTEREST

EXCELLENT EXHIBITS

INCLUDING

HOMEBASED BUSINESS & CRAFTERS SHOWCASE

COME SEE OUR DISPLAYS

DOOR PRIZE \$2000
in Fair Dollars To Be Spent At Participating Exhibitors

ADMISSION - \$2.00
\$1.00 off with Seller's Buck from participating exhibitors Children under 12 Free

Co-Sponsored By **St. Paul JOURNAL & 1310 CHLW Country**

Community Lottery Board #24 Society 2000 GRANT PROGRAM

PUBLIC INFORMATION MEETING

APRIL 12, 2000 AT 7:00 PM

COUNTY OF ST. PAUL COUNCIL CHAMBERS

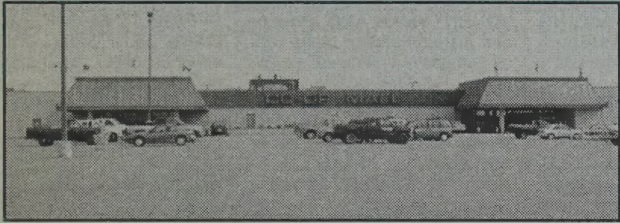
Plan to attend if your registered non-profit organization will be applying for a 2000 Community Lottery Board Grant. Grants are available to organizations within the Town of St. Paul, Town of Elk Point and County of St. Paul.

Announcing - 1999 process review

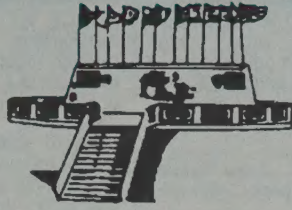
- 2000 - amount of grant dollars available
- application process and guidelines
- deadline for applications

APPLICATIONS WILL BE AVAILABLE FOR PICK-UP AT THE MEETING

MEMBER'S NEWSLETTER



St. Paul



Elk Point

April, 2000

\$823,000

EQUITY ALLOCATION

The St. Paul & District Co-op has had another successful year. As a result, the Board of Directors have declared the following patronage allocation on member's 1999 purchases:

Food.....	5%
Home & Agro Centre.....	5%
Gas Bar & Card Lock.....	6%
Bulk Petroleum.....	8%

The Patronage refund, which totals \$823,000, is a result of a continued increase in sales which exceeded \$21,000,000.

25%

CASH DIVIDEND

In addition to the Patronage Allocation, the Board of Directors have declared a General Cash Repayment of 25% of the allocation.

Cheques totalling \$305,000 will be available at the St. Paul & Elk Point Co-op Stores during the Indoor Tent Sale April 26 - 29.

CO-OP MEMBERS RECEIVE EQUITY CHEQUES



Jack Archinuk
\$1,019.79



Rolland Normand
\$2,628.04



Harry Tymko
\$2,802.09



John Harris
\$2,036.90



BUILDING YOUR EQUITY

review-CLASSIFIEDS

1 AUCTION

BUD HAYNES SPECIAL 2 Day Auction - Princess Diana & Charles Memorabilia Collection, Apr. 17 & 18, 7 p.m. Location: North Hill Inn, 7150 - 50 Ave., Red Deer. Item of interest Diana's Klondike Dress - for display only. 403-347-5855. Fax 403-347-7633.

SILVER AUCTIONS Collection Car Auction in Association with Powerama Motoring Exposition. Northlands Agricom Edmonton, Alberta. April 28 - 30, 2000. Auction 12 Noon Sunday, April 30, 2000. Auction information call 1-800-590-8793. 1-403-290-0929.

2 AUTO

1995, 4-DR. DODGE NEON - Auto, cruise, air, cassette, command start. 114,000 km. Mint condition. \$6,900. Phone 645-3583. April 11

1991 FORD 1-TON 4X4 - c/w mechanic's box, 95,000 km. Sell with or without box. Phone 645-6875. April 18

FOR SALE - 1987 Dodge Aries, 4-dr., 2.2 litre. Phone 645-5286. April 11

FOR SALE - 1995 Sierra SLE, 4x4, ext cab, dark blue, propane / gas. Phone 780-635-4254 evenings. April 11

CREDIT PROBLEMS? Need a vehicle? If you have a job and down payment - No credit refused! Cars On Time, Edmonton 403-440-2703 or toll free 1-800-831-4129.

1976 ARMY CARGO truck 6 X 6, \$11,000. 1975, 10 1/2' truck camper \$700. o.b.o. 1972, 11' truck camper \$250. o.b.o. Phone 780-542-7493.

3 BABYSITTING

WILL BABYSIT

In My Home

MONDAY TO FRIDAY

Have ECD Diploma,
First Aid & CPR

**Call Leanne
724-4519**

4 BUSINESS OPPORTUNITIES

ARE YOU EARNING enough? Entry level position for ground floor internet marketing company. Unlimited earning potential. Call 1-888-472-6631, reference #DB09.

ECHINACEA AUGUSTIFOLIA L. Seedlings and seed. Success requires good information. Growing five years. We have this knowledge. Best prices. \$Markets\$ available. Call Linda 780-349-4110.

4 BUSINESS OPPORTUNITIES

EXCLUSIVE OFFER for contractor/homebuilders. Beaver Plastics offers exclusivity for patented, thermally efficient insulwall wall system, standard frame construction. Expanded polystyrene, non-fibrous, hypoallergenic. No off-gassing, settling, in wall cavity. Serve environmentally sensitive, performance oriented home buyers. Call 1-888-453-5961.

BUSINESS OPPORTUNITIES in Brooks and area. Highly profitable answering service, solid client list. Pay off in 1 1/2 years. Thriving gas station and car wash in high traffic location. 6 acres highly visible commercial land. Office building with good return. Call on these and other investment opportunities. Herb Wetteskind, Remax Brooks, Alberta, phone 403-362-0123; cell 403-362-0748. E-mail: wetteski@telusplanet.net.

BY THE MAKERS of Please Mum. We are looking for motivated independent consultants to sell our exciting line of Canadian made quality children's and women's clothing lines through home parties. We offer 40% commission, training and the opportunity for advancement. If you want a flexible schedule and a great income call us for information at 1-800-665-9644.

MERRY MAIDS - World's largest residential cleaning franchise. Prime Canadian territories selling fast - huge growth industry, low investment, steady clientele. Call Terry 1-800-263-5928, Mississauga, Ontario.

COLLECT CASH! Coke, Pepsi, Frito-Lay, Mars. Refill unique vendors in your area. F/T, P/T. No selling. Minimum investment \$13,980. Call 1-888-577-5376 (24 hours). Member B.B.B. and D&B.

GREAT BUSINESS OPPORTUNITY. New and unique water resistant deck flooring product. All weather applicants. Ideally suited for the small/home-based contractor. Call 1-800-465-9968. E-mail: frnderth@telusplanet.net.

UNPRECEDENTED OPPORTUNITY. An established Canadian franchise in bottled water is expanding its product focus to incorporate an explosive e-commerce opportunity. Complete turnkey with guaranteed territories from \$7,500. Call Mike 1-888-928-2582.

BUSINESS FOR SALE McGavins Franchise and delivery trucks for sale in Jasper National Park. Serious inquiries only. Black Wolf Dist., Box 1006, Jasper, AB, T0E 0Y0.

EARN UP TO \$30,000, or more per month. Canada's fastest growing concept in this billion \$ industry will be opening stores in your area. \$124,000. turnkey. Toll free 1-888-526-3388.

4 BUSINESS OPPORTUNITIES

INTERESTED in home-based business with high earning/growth potential based on your own efforts? \$2400. U.S. daily grab your attention? If seriously interested call 867-634-2077.

THERMOLIFT. Super fat burner, 3 day trial pack. 1-877-405-1545.

ABSENTEE OWNER SELLING photo lab in Campbell River, BC. Modern equipment, good location, excellent tourist trade. Provides very good living for owner/operator, \$69,900. May be purchased for as little as \$16,000. down plus approximately \$20,000. inventory. Contact Don 250-361-4320 days; 250-388-5683 evenings.

SERIOUS ABOUT your financial future? Huge earning potential/week. Home-based. No selling. Great opportunity by following very simple system. Call toll free 1-888-415-1460, ext. 9133 for recorded message.

FED UP? Tired of chasing bogus business opportunities? Call about a lucrative opportunity to earn in one month what you're now making/year! 403-777-5537, 24 hours.

EARN BIG \$ in imports exports. It's easy. Worldwide contacts, products, manufacturers, agents, brokers, available. Cost of manual and course only \$79.95. Toll free 1-877-264-5279.

E-MAIL PROCESSORS wanted! Work from home 10 - 15 hours/week around your schedule. No up front money. \$500. - \$1,000. part-time or \$2,000. - \$6,000. full-time. On line training. All you need is a computer, e-mail access and desire to make a change! Contact: biznet@telusplanet.net. Subject: Processor.

6 EMPLOYMENT OPPORTUNITIES

COME AND ENJOY summer in the Rockies. Employment opportunity in all departments at Canmore I.G.A. #2, 950 Railway Ave., Canmore, T1W 1P4. Send resume to: Pat Roach.

WE PAY YOU to lose weight. Wanted five serious people immediately. Call Christa 604-532-1001.

GLOBAL THERMOELECTRIC of Bassano requires a machinist. This will be a permanent position. Applicant needs to have CNC manufacturing experience with VMC and Turning Centres. Contact Derek Enns at 403-641-3512 or fax resume to 403-641-3981.

FULL-TIME SHEET METAL mechanic required for plumbing and heating shop. Fax resume 403-854-4674 or send to: Wecker Plumbing & Heating, Box 970, Hanna, AB, T0J 1P0. Phone 403-854-4774. Resumes accepted till April 20.

6 EMPLOYMENT OPPORTUNITIES

BONUS WELL SERVICING Partnership - Brooks/South Division requires immediately experienced rig managers, drillers, derrickhands, and floorhands. H2S ticket required. Valid driver's licence and air endorsement beneficial. Competitive wages, benefits, quarterly incentives, and RRSP's. Contact the Brooks Office at 403-362-6600 or 1-888-987-4628 (if calling in Alberta). Fax 403-362-3832.

WANTED: Class 1 driver to haul petroleum fluids, Provost area. H2S, TDG, WHMIS an asset. Two years driving experience essential. Fax resume, 780-753-2958. Phone 780-753-2935.

FARM HELP for horse operation. Mechanically inclined. Supplied accommodations. Fax resume to 403-962-9150.

WILD ROSE SCHOOL Division No. 66 invites applications for the position of Principal for Caroline School in Caroline, Alberta. Caroline School has a population of 400 students from grade 1 to 12. Forward applications by April 17, 2000 to: Greg Thomas, Superintendent, Wild Rose School Division No. 66, Bag 8000, Rocky Mountain House, AB, T0M 1T0. Phone 403-845-3376. Fax 403-845-3850. Website: www.wrsd.ab.ca.

TENDER for icemaker/manager for 6 sheet curling club in Spruce Grove, Sept. 7/00 thru Apr. 7/01. Submit to: Box 3944, Spruce Grove, T7X 3B2 by Apr. 12/00. Call Cec 780-962-5258.

LAKESIDE FEEDERS LTD. of Brooks, Alberta is interested in placing individuals for the following full-time positions; pen riding, induction, and hospital. Successful candidates must be self-motivated and reliable. Feedlot experience is preferred; however, ranch or lease backgrounds will also be considered. Salary is negotiable and will be commensurate with experience and qualifications. In addition, employees are offered an extensive benefit package. Pen Rider. Duties will include checking pens daily, recognizing/treating health problems, moving cattle, etc. Induction. Duties will include processing, shipping/moving cattle, vaccinating, etc. Hospital. Duties will include recognizing/treating health problems as well as hospital maintenance, etc. An AHT certificate will be considered an asset. If you are interested in a position, please forward your resume to: Lakeside Feeders Ltd., Box 800, Brooks, AB, T1R 1B7. Fax 403-362-8231. Attention: Duke Joy, Feedlot Manager.

PARTS MANAGER REQUIRED for a Ford dealership in Canmore, Alberta. ADP experience an asset. Call Scott Laughington at 403-678-6200.

6 EMPLOYMENT OPPORTUNITIES

JOURNEYMAN AND apprentice instrumentation techs with oil and gas maintenance experience. Full-time position available in various field offices, relocation assistance provided. Please phone 780-955-2988 or fax resume to: Pyramid Corporation 780-955-3032. Attention: Human Resources.

REQUIRED IMMEDIATELY Fab-Rite Services, Cranbrook, BC. 2 journeyman steel fabricators for permanent full-time positions, may accept 4th year apprentice. Also 1 position for a fitter/welder, experienced in sawmill, structural steel fabrication. Competitive wages, benefits. Fax resume 1-250-489-4215. Phone 1-250-489-5328, ask for Alex.

JOURNEYMAN AUTOMOTIVE TECHNICIANS, third or fourth year apprentices are needed by one of the top Canadian dealerships for sales and service. Denny Andrews Ford - Our technicians make more money; lucrative pay plan and incentives, only dealer in North America to offer an offsite state of the art training facility; fast paced, positive work environment; customer service driven; promotes from within; company benefit package. Dealership experience a must; Ford and diesel experience beneficial. Immediate long term positions available. Denny Andrews Ford, 18208 Stony Plain Road, Edmonton. Fax resume 780-930-3196 today. Quoting Job #004AWNA.

TRANSX AND COOLX are looking for company drivers and owner operators. Must have minimum 2 years driving experience in Canada and U.S. Best pay package. Call 1-877-207-1101.

COLLICCUTT HANOVER SERVICES, a successful natural gas compression service and manufacturing company, is recruiting for: **SERVICE PERSONNEL** - with an automotive/heavy duty mechanic background who would be interested in apprenticing or training in mechanic or millwright service areas. If you are interested, please submit resume to: Recruiter, CHS, 8133 Edgar Industrial Drive, Red Deer, AB, T4P 3R4 or fax 403-309-6110.

K&N

LIQUOR STORE

Elk Point

Requires Clerk for
Part-Time Evenings
& Alternate Weekends

Apply in person
Highway 41 & 49 Ave.

6 EMPLOYMENT OPPORTUNITIES

SPECIALTY SHOPPE BODY-CARE line. Unique factory direct concept. Great products, prices and consumer response. Requires sales reps or customers. Free samples and brochure. Shamporium 1-800-387-3434.

HIGH LEVEL SUPER A is currently recruiting for various full-time clerk, cashier positions. The ideal candidate will have a minimum grade 12 diploma, clean security clearance, strong customer service, interpersonal and communication skills, with a high energy and a positive work ethic that our customers have come to expect. We have a competitive remuneration package, which includes a benefits program that is second to none in the industry. Opportunity for advancement is excellent. If you are interested in these opportunities please send your resume to: Human Resources Officer, The Grocery People Ltd., 14505 Yellowhead Trail, Edmonton, AB, T5L 3C4. Fax 780-452-7759.

EXPERIENCED REPORTER with superior news judgment and writing skills required by progressive community newspapers. Must have journalism training and two years experience. Apply by April 21 to: Editor, Red Deer Express, Box 5023, Red Deer, T4N 6A1. E-mail: adviser@rtinc.com. Fax 403-347-6620.

OPERATING FOREMAN REQUIRED for excavating business. Knowledge of water and sewer services. Basement excavation a must. Incentive and bonuses for the right person. Call 780-963-9485. Ask for Lester.

BODY SHOP TECHNICIAN: Position available in new Image 2000 dealership. Busy, flat rate shop; clean working conditions. Full company benefits. Resume to: 115 W.T. Hill Blvd., South, Lethbridge, AB. T1J 4T6

Outdoor Work, Clean, Healthy, Interesting.

WORKING WITH HONEYBEES

MAY 1 - SEPTEMBER 1
(through November 15 if desired)

Stoney Lake Area - SW of Elk Point
Contact: Gary Lind at 724-2528

HAIR TO THE MAX

by Shelley

FULL-TIME / PART-TIME

LICENSED STYLIST

Call Shelley at
645-3255

lakeland marketplace

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Your classified ad can be read in over 15,000 papers.

Select your classified readership for as little as \$3.00 / week.

CLASSIFIED AD RATES

ELK POINT REVIEW
Tuesdays - \$3.00 per week + G.S.T.

ST. PAUL JOURNAL
Tuesdays - \$4.00 per week + G.S.T.

LAKELAND REGIONAL REVIEW
Mondays - bi-weekly - \$6.00 per issue + G.S.T.

COMBINATION OF ALL PAPERS - \$9.00 / WEEK
(20 cents per word per newspaper insert over 25 words)

THE WINNING TEAM



YOU AND THE CLASSIFIEDS
GET YOU WHERE YOU WANT TO GO

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phoned.

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11 Found	24 Travel
12 Garage Sales	25 Wanted
13 Livestock	100 Display Ads

Place your order at either of our offices:

Elk Point Review - 724-4087

St. Paul Journal - 645-3342

review-CLASSIFIEDS

6 EMPLOYMENT OPPORTUNITIES

WELDERS CONECO Equipment Inc. A major heavy equipment dealer has employment opportunities in the shop for journeymen welders or 3rd year apprentice at our Edmonton branch. We offer competitive compensation package and work environment. Forward resume in confidence to: Reid Perkins, Service Manager, Coneco Equipment, 16116 - 111 Ave., Edmonton, AB, T5M 2S1. Fax 780-455-0544.

THE TOWN of Ponoka requires full-time Senior Lifeguard for indoor facility. Standard lifeguard qualifications required. Position description available upon request. Forward application or resume by 2 p.m., Tuesday, April 25, 2000 to: Community Services Director, 5102 - 48 Ave., Ponoka, AB, T4J 1P7. Phone 403-783-0118. Fax 403-783-6745. E-mail: town@ponoka.org.

6 EMPLOYMENT OPPORTUNITIES

VALLEYVIEW NORTHERN Lights Skating Club requires minimum Level 1 skating coach with valid first aid certification for 2000/01 season, mid-Oct. to mid-March. Club includes Pre-school, CanSkate and Test Stream. Contact Pam Medlicott, Box 823, Valleyview, AB, T0H 3N0. 780-524-4326, after 7 p.m.; fax 780-524-4599; e-mail: meharvey@telusplanet.net.

DECKX IS LOOKING for 20 owner operators. Best pay package. (Call Now) Jim or Daryl 403-203-0932 or 1-877-207-1101.

SALES PEOPLE wanted for dual location Central Alberta Ford dealer. Excellent pay/benefits. Experience an asset. Fax resume: Fourlane Ford Sales Ltd. Attention: Jeff Denham. 403-227-4544 or e-mail: jdenham@fourlaneford.dealermail.com

6 EMPLOYMENT OPPORTUNITIES

B & R ECKEL'S Transport Ltd. has openings for qualified picker operators, bed and winch truck operators in our oilfield division. Please submit resume to: Box 6249, Bonnyville, AB, T9N 2G8 or fax 780-812-2873. Attention: Human Resources. A current abstract must accompany all applications for driving positions.

PROGRESSIVE FARM EQUIPMENT dealer located in Central Alberta requires parts personnel. Successful applicant will possess career minded, self-motivated, excellent organizational skills and computer literacy. Agricultural background is preferred. An above average compensation and benefit package will be provided to the new team member. Please fax resume to 403-782-6650.

MANAGER REQUIRED May 31, 2000 for our Red Deer area Adult Manufactured Housing Community. We require a mature couple for long term employment and are now taking applications. We are seeking a couple that possess some or all of the following skills: computer knowledge/experience; excellent organizational skills; horticulture knowledge; mechanically inclined; electronically inclined; willing and able to learn more; excellent public relation skills. If you are both Team Players, and feel that you meet with our qualifications, please reply with resume via fax to 403-342-5022, or write to us at: The Manager, #18, 7895 - 49 Ave., Red Deer, AB, T4P 2B4. Closing date for applications is April 15, 2000.

NEWSPAPER PRODUCTION person required immediately. Excellent knowledge of Quark Xpress, Pagination and ad design essential. Must be able to handle steady workload, and meet strict deadlines. Contact Dave Wilson, 403-485-2036. Fax 403-485-6938. Vulcan, Alberta. E-mail: dcwilson@telusplanet.net.

CAMROSE GARDEN MARKET IGA is now accepting applications for full-time or part-time baker and cake decorator. Apply in person or submit resume: Attention: Ken Chornohos, Camrose Garden Market IGA, 4820 - 66 St., Camrose, AB, T4V 4P6. Fax 780-672-8233.

EXPERIENCED PEN CHECKERS for large feedlot. Duties: checking, treating, processing. Long term year round position. Excellent pay and benefits. Cor-Van-Raay Farms 403-738-4528 or fax 403-738-4435.

BUSY GIFT SHOP in Jasper National Park requires full-time retail clerks - mid April to October. Subsidized room and board. 5 on 2 off scheduling. Fax resume to 1-800-490-8778.

SENIOR COMPOSITOR required immediately for a weekly community newspaper in Central Alberta. Those interested in applying for the position must possess strong knowledge of state-of-the-art Macintosh computers and equipment also Quark Xpress, Adobe Photoshop and Adobe Illustrator programs. Please send resume to: Box 77 c/o AWNA, #800, 4445 Calgary Trail S, Edmonton, AB, T6H 5R7.

AUTOMATED BUILDING Systems Technology. Work with state-of-the-art computer Automated Control Systems in large commercial buildings. Learn computer control (DDC) of building systems - efficient energy management, heating/airconditioning (HVAC), lighting, ventilation, pneumatic and electronic controls. Large component of hands-on training. 10 month interactive learning opportunity. Selkirk College, Nelson, BC, 250-352-6601.

6 EMPLOYMENT OPPORTUNITIES

B & R ECKEL'S Transport Ltd. has immediate openings for Class One drivers. Pneumatic and train experience a definite asset. Please submit resume to: Box 6249, Bonnyville, AB, T9N 2G8 or fax 780-812-2873. Attention: Human Resources. A current abstract must accompany all applications for driving positions.

NEWSPAPER REPORTER REQUIRED immediately. Experience in covering local news and sports. Camera and reliable vehicle essential. Opportunity for advancement. Contact: Dave Wilson, Publisher, Vulcan Advocate, Box 389, Vulcan, AB, T0L 2B0. Phone 403-485-2036. Fax 403-485-6938. E-mail: dcwilson@telusplanet.net.

LICENSED AUTOMOTIVE technician required immediately. Must have GM experience. Competitive pay and benefit plan. Fax resume: Attention: Service Manager, High Country Chev Olds Ltd., 403-652-3880.

EXPERIENCED PLANT/FIELD operators. Compression and dehydration experience an asset. Fax resume to: Reid's. Attention: Jason Beaman at 780-639-6095. No phone calls please.

WANT AN EXCITING part-time job or a great new career? Discover C & M Gifts' unique line of home decor, kitchen accessories, and Christmas Treasures. Call 519-258-7905, fax 519-258-0707 for free catalogues and information.

ARNOLD BROS. Transport Ltd. presents great opportunities in the year 2000 for company drivers, single and team (team schedules available). Owner operators, single and team (check out our great fuel prices). Dry van-open deck-refer 1 year minimum OTR experience - good abstract - U.S. ability. Join our team! 1-800-567-3656.

BANFF ATV TOURS has tour guide positions available for summer 2000. Send resume to: Banff ATV Tours, Box 415, Nanton, AB, T0L 1R0 or phone 403-646-3063.

BECOME A GOLF SUPERINTENDENT! Tee off with Fairview College's Turfgrass Management Course or Turfgrass Equipment Technician Course. Call 1-888-999-7882, Fairview, Alberta. Visit our website: www.fairviewc.ab.ca.

CATTLE PRODUCTION is big business! Maximize your earnings with Fairview College's Agriculture Technology Beef Production Program. Call 1-888-999-7882, Fairview, Alberta. Visit our website at www.fairviewc.ab.ca.

MIND YOUR OWN business or someone else's! Fairview College's Business Administration Program in Accounting, Entrepreneurship, and Financial Planning. 1-888-999-7882, Fairview, Alberta; www.fairviewc.ab.ca.

CAREER in massage therapy? Alberta Institute of Massage, Red Deer offers full-time certification programs starting Sept. 6/00. Limited enrollment. Student financing available. Information: 403-346-1018.

7 ENTERTAINMENT & EVENTS

PARADISE HILL KINSMEN ATV RALLY - Saturday, April 15, 2000. Bronson Lake. Registration 9:00 to 12:30. \$15 entry includes meal. For info. call Grant (306) 344-4638. April 11

RED DEER SWAP Meet by Vintage Auto Club. Antique cars, parts, bottles, jewelry and more. Alberta's biggest indoors, fair grounds, Saturday, May 6, 8 a.m. to 5 p.m., Sunday, May 7, 9 a.m. to 3 p.m. Admission \$1. Sharon: 403-347-7494.

7 ENTERTAINMENT & EVENTS

ANTIQUE SHOW - Plan to attend western Canada's largest antique and collectibles show, the 25th Annual Wild Rose Antique Collectors Show & Sale. Collectors and dealers from across Canada and U.S. Nearly 700 sales booths, plus special collectors displays. Sat., Apr. 15, 9 - 6 p.m.; Sun., Apr. 16, 10 - 5 p.m. Northlands Agricor, Edmonton. Admission \$3.

ARMS SHOW: Canada's Largest and Finest, Apr. 21 and 22, 9:30 to 5 p.m., Roundup Centre, Calgary. Antique and modern firearms, related collectibles. Buy - Sell - Trade.

DREAM HOME RAFFLE. Fully furnished manufactured home on a professionally landscaped lot in the Town of Eckville - Grand prize retail cost approximately \$150,000. 2000 TICKETS printed! \$100. per ticket (Visa/MC accepted). Draw July 1, 2000. Mail: Eckville Community Center Society, P.O. Box 578, Eckville, AB, T0M 0X0 or 403-746-2171. View the home at website: eckville.com.

8 FEED & SEED

SEED OATS FOR SALE - Off breaking 98% germination. Phone 645-4158. May2

ZIGGY SEEDS - Canada No. 1 Alfalfa, Tap and Creeping Root Variety, Grass and Clover seed. Reasonable rates, custom blending. Call Dave anytime 645-3193. June6

GREEN OATS STRAW BALES - (Large, round, hard core), Analysis - 67% relative feed value. Phone Bill, evenings 780-895-7588, Lamont. April11

BUYING: Heated or light feed grains. Barley, oats, wheat, peas, chickpeas and heated or green canola on farm pick-up. 1-877-250-5252 Westcan Feed & Grain.

ECHINACEA ANGUSTIFOLIA seedlings. Shipped in plug trays, good root, 3 - 5 leaves. Also St. John's Wort, astragalus, black cohosh and many more. Inquiries 1-888-463-7528.

ALFALFA, GRASS SEED and pasture blends available, top quality, clean and bagged. Free delivery available on large orders in Saskatchewan and Alberta. Unbeatable prices. Call P & P Seeds, 1-888-298-7762, 306-767-2254.

9 FOR RENT

FOR RENT - 5 bedroom house in Heinsburg. Phone 943-3915. xxx

10 FOR SALE

FOR SALE - 1979 Highwood mobile home, 14'x68'. Phone 724-3181. April11

TO BE MOVED - 1980, 24'x40' double wide mobile home in excellent condition. 3 bedrooms, 1-1/2 bath, fireplace. Selling at a reduced price. Phone 724-2289 Elk Point. April11

WHOLESALE ENGINE PARTS. Don't buy before you check with us. Best quality at factory direct prices. Cat, Cummins, Detroit and much more. Exchange engines. 1-800-667-6879.

TURBOCHARGERS, injectors, injection pumps and cylinder heads for most applications. Factory direct pricing. Don't buy before you've called us. hundreds of units in stock. 1-800-667-6879.

750 "HOW TO" books, reports, and manuals on one CD, you can reprint and sell. Call 1-877-421-1645, toll free, 24 hours recorded message.

\$6000. REASONS to buy luxury show homes now or ask about cash back or reduced payments for one year. You choose. Call Pleasant Homes 780-962-0238.

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BROOKS & DUNN and Lonestar Premier Tickets: April 27 in Edmonton or April 28 in Calgary. From \$99. each. These tickets are for rural Alberta/NWT fans only. Call Just Tickets 1-800-304-4321.

HOME THEATER LIQUIDATION! No money down. Only \$99/month. It's like having a movie theater in your own home. First 50 callers receive free satellite dish with purchase. Toll free 1-888-528-8818.

JOHN DEERE 9450 40 ft. hoe drill Serial #H003359 factory transport, very clean, asking \$25,000. Morris 30 ft. heavy duty cultivator Serial #A76730, asking \$2500. Call 780-523-3421 after 6 p.m. or 780-523-4544 days, ask for Greg.

DSS SATELLITE SYSTEMS. 500 channels with Viper card. New Echostar card. Complete systems available. We'll beat any competitor pricing. Financing available. 780-914-5772. Website: www.angelfire.com/tv.dss.

32' X 48' X 12' FARM SHOP, straight wall, galvalume cladding, \$7,900. Coloured cladding, doors, windows, labour and freight extra. Master-Craft 2000 Ltd., 1-800-822-1836, Calgary 1-403-269-4117.

BLACK/SMELLY ponds! PondAid® keeps ponds sparkling clean and algae free, helping nature do its job by speeding up natural bacterial action. The 1990's way of preventing algae and black smelly ponds organically. Call Nature Aid Products at 1-800-661-8467.

WHY RENT to own a 27" television for \$110/month? You can get stereo system OR camcorder + 27" television and computer all for only \$99/month. 1-800-304-7834; www.zytechinc.com. Free delivery.

HOUSE TO be moved. Two storey house in very good condition. Four bedrooms, 1 1/2 baths, vinyl siding, new windows, deck. Reasonable price. Details phone 780-753-6991.

BLOWOUT Inventory Reduction Sale - Had 17 homes now only 4 left. New SRI Homes starting at \$37,900. Numerous reconditioned homes starting at \$10,000. Cross Country, Edmonton area, 1-800-470-5444.

MOVING TO EDMONTON? Why rent. Deluxe new 1216 sq. ft. home including \$10,000. in extras only \$540./month includes site rent in Parkland Village. 780-962-0403.

NEW 16 WIDE, 3 bedroom for only \$39,900. Free credit approval O.A.C. Call Ridge-wood Homes for full details, Red Deer, 1-800-797-5714; Calgary, 1-800-797-5717; Edmonton, 1-800-470-5660 (collect).

\$78,900. BUYS 1,426 fabulous sq. ft. of modular home from Westalta - bay windows, garden doors, 3 appliances, two bathrooms, oak cabinets. Call 1-888-937-8111 for free information!

WHY PAY FULL retail? Serving three provinces for 14 years! Any plan from any manufacturer from Canada's premier builder - for less \$. 24 hour hotline 1-877-900-4474.

PROMOTIONAL SECTIONAL HOME, 2204 sq. ft. Cathedral ceilings, appliances, Island kitchen, 4 bedrooms, delivery and setup. 5% down. \$47.50 sq. ft. 1-800-463-0084, Jandel Homes; www.jandelhomes.com.



BAKER REQUIRED

Looking for a self motivated individual who likes to bake.

Days with alternate weekends off. Training will be provided. Excellent Remunerations.

Come and Join our Winning Team!

Apply in person to: Sharon
Tags - Elk Point
Ph. 724-4373



EMPLOYMENT OPPORTUNITY HOME CARE PROGRAM ELK POINT HEALTH UNIT Casual Home Support Aide Position

The Lakeland Regional Health Authority Home Care Program serves clientele requiring acute intervention, long-term and palliative care.

POSITION SUMMARY: Responsible for the provision of home support services to clients in the community. Under the direction of the RN, or therapist the individual will be responsible to provide assistance with personal care, basic treatments, exercises and support to Home Care clients.

QUALIFICATIONS: PSA course or equivalent experience preferred. Must have knowledge of basic hygiene, nutrition, home management and an interest in working with people of all ages. A valid driver's license and an ability to use own vehicle for work is essential.

TERMS OF EMPLOYMENT: AUPE Collective Agreement. Salary commensurate with education and experience.

Please submit a written application by April 20, 2000 to:

Diane Labossiere,
Lakeland Regional Health Authority
Grand Centre Health Unit
4720-55 Street, Cold Lake, AB., T9M 1V8

EMPLOYMENT OPPORTUNITY SMALL OILFIELD RENTAL COMPANY

ARE LOOKING TO EXPAND OUR OPERATIONS AND REQUIRE A PERSON WITH OILFIELD TOOL EXPERIENCE.

Duties would include:

- Maintain records of equipment on computer
- Oversee and help with maintenance and service of equipment (customer's and ours)
- Maintain good relations with customers
- Participate in field operations as required
- Help identify areas of expansion

Qualifications: Self Motivated, Safety Minded, Valid Tickets - H2S Alive, First Aid, CPR, etc. an asset, Service Oriented, Oilfield Tool Experience.

NO PHONE CALLS

Please (mail) or (fax) resume with current drivers abstract to: Attention: Doug
Box 190
Elk Point, Alberta T0A 1A0
Fax (780)724-2600

review-CLASSIFIEDS

13 LIVESTOCK

PUREBRED GELBIEH - Bulls and Yearling Heifers, polled and horned. For more information call 780-645-2592. May2

FOR SALE - Good Hostein Heifer. Phone evenings 724-2156. Apr11

TEAM OF BEAUTIFUL MATCHED GELDINGS - 3 and 4-year old. Well started to drive. Phone 847-3210. Apr18

FOR SALE - 18 good cow / calf pairs. Char., Char / Sim Cross. Call evenings 780-635-2375. Apr11

POLLED HORNED BULLS - Fully guaranteed. JJ Brown, Vermilion. Phone 780-853-2497. May2

FOR SALE - Good quality 2-year-old Black Limousin bulls. Also yearling black and red polled and horned bulls. Also three good purebred BLK Angus Bulls. Phone 763-2401. Jly4

PUREBRED BLACK ANGUS - Yearling Bulls and Heifers from registered stock. Phone 780-645-2539. Apr11

SHAMROCK MURRAY GREYS - Yearling bulls, low birth weights, docile, polled, ideal for heifers. Vet checked. Can deliver. Lee Wruth (780) 724-2418. Apr11

YEARLING POLLED SHORT HORNED BULLS - Reds and Whites. Checked by vet for legs, feet and scrotum. Gain since birth of 3 lbs. / day. 85 to 90 lb. birth weight, reasonable prices, delivered. Phone 635-2489. May2

POLLED BLONDE D'AQUITAINE - 2-year-old and yearling bulls. Also Red Angus bulls and Blonde Cross Angus bulls. Phone 780-623-4137. May30

2-YEAR-OLD - And yearling shorthorn bulls for sale. Polled and horned. Free delivery. Phone 741-3874. Apr18

CHAROLAIS BULLS - 2-year-old and red factor yearlings. Semen tested and guaranteed, deposit will hold bulls until needed. Creedence Charolais Ranch, 780-741-3868. Apr11

FOR SALE - Purebred Charolais bulls, yearling 2-year-old Polled, horned, red and whites. Delivery available. Majestic Charolais, St. Lina, AB., 780-623-4197. Apr25

CHAROLAIS BULLS - Yearlings and 2-year-olds. Also well broke saddle horse. Phone 726-2579. Apr25

EAGLE VALLEY ANGUS - Select Virgin 2-year-old and yearling registered black bulls. Daryl Toma at 780-367-2528 Willingdon. May30

FOR SALE - Maine Anjou bulls and heifers. Red and black. Estate of Lawrence Spees. Phone 726-2579 or 724-2593. Apr25

8 BRED POLLED HEREFORD HEIFERS - Females. Phone 726-3751, Lakes Ranch. xxx

BULLS FOR SALE OR RENT - All breeds available. Also selling 2 GMC livestock trucks, A1 shape. One with 24' box, other 22' box. 632-2139. xxx

RAINBOW TROUT for sale: DT Keet Fish Farm. 4" - 12" Trout available. Certified disease free stock. Province wide delivery. 403-546-3946.

FOR SALE - Quality Select Charolais Bulls. AI breeding, easy calving, polled and horned yearling and 2-year-old. Call 645-3706.

13 LIVESTOCK

15 QUARTER HORSE and Paint Mares: well broke 8 year old Paint stallion; 6 Paint stallions. All registered; some well broke; haltered; excellent quality. 403-528-5425.

MUST SELL small herd of Alpacas. Investor exiting business offered below market value. Serious inquiries only. Call Barry 403-278-8982.

15 MACHINERY

JD 4010 DIESEL - 146A loader, few hours since complete overhaul (92 hp motor, new hydraulic pump, injectors, brakes and batteries). Asking \$7,000. Phone 726-3652. Apr18

966 INTERNATIONAL TRACTOR - With front end loader. Asking \$12,000. Phone 724-2350; 645-0094. Apr18

4440 JD TRACTOR - Bought new July 1979, 4448 hrs., always shedded, field ready, nice shape. Asking \$27,500 obo. Phone 763-2401. Apr11

BUYING TRACTOR and equipment catalogues, manuals, sales literature. Also farm and other magazines, calendars, catalogues, car and truck sales literature etc. Collect 780-432-5203 or 780-903-3432.

J.D. 4250 M.F. W.D., with 265 loader and grapple. 8300 hours. Complete new front end and new front tires. Phone 1-403-556-7240.

16 MISCELLANEOUS

JEUNIQUE CUSTOM FIT BRAS - 170 sizes (26A-46-KK). Free sizing. Colleen 780-826-5901. 15% off \$100.00 purchase. Redeem before December 2000. Apr25

\$NEED MONEY\$ call 780-452-5858. Immediate approval. Debt consolidation, farm, acreage, city, home and mobile purchase. Interim financing. Consolidated Mortgages Ltd. Members of BBB.

EASY LISTENING "Zither By Sebastian" www.zithermusik.com.

NEED MONEY? Winchester Financial Alberta's alternative to the banks. Immediate over the phone approval. Equity counts not credit, age or income. 780-484-5834. Fax 780-484-7345.

18 PERSONAL

INNERVISION! Our gifted psychics have answers to your questions! Love, money, career, crop forecasting. To know your future is to plan! 24 hours, 18+, \$2.99/minute. 1-900-451-3778.

PSYCHIC ANSWERS. Spouse cheating? Concern(s) romance, companionship? Rated #1 in Canada. Police use us. 24 hours, 18+, \$2.99/minute. Call 1-900-451-4055.

FREE BOOK "Sex For Life" with purchase of a jar of Maximus Cream. Clinical trials and testimonials available. Call Marks Plaza Pharmacy toll free 1-877-747-6664.

ASHGROVE CHRISTIAN Singles; www.huntsashgrove.com. Correspond/email unattached Christians. 18 - 85, single/widowed/divorced. Worldwide. Companionship/marriage. Free information: 1-250-679-3542, voicemail 250-679-3543, fax 250-679-4416. Ashgrove, Box 205, Chase, BC, V0E 1M0.

19 PETS

PUREBRED SIBERIAN HUSKY FEMALE PUPS - For sale. Asking \$250. Call 635-2370. Apr18

Advertise Classified - It Pays!

20 REAL ESTATE

1978 MOBILE HOME - 3 bedrooms, 5 appliances, asphalt roof, 2 decks, good condition. Phone 645-6878. Apr18

COMMERCIAL BUILDING - 1,472 sq. ft. commercial building situated on a 2.62 acre parcel of land, fully serviced. Located next to Franchere General Store on Secondary Highway #660. For further information call toll free 1-888-623-1910, Century 21 Lakeland Real Estate Ltd. Apr11

HOUSE FOR SALE BY OWNER - 4704-47 Ave., Myrnam. Cozy 2 bedroom, large living room, modern kitchen, upgraded carpets, new metal roof, furnace, hot water tank, new driveway with attached carport, new vinyl siding, 1-1/2 lots, asking \$48,900 obo. Call Ron 780-459-5406 after 6 pm for more details. Apr11

FOR SALE - Home at Chicken Hill Lake. Approx. 1300 sq. ft. 2 bedroom, double garage. Fireplace, wood burning stove. Asking \$83,000. For more details call 645-7772. May30

YOU CAN OWN a log home now; www.supremelohomes.com. 403-678-1064. We have packages to suit every need.

PERFECT TIME to buy BC properties. Considering a purchase in the Okanagan Valley or Shuswap Lake area? Call Re/Max Priscilla and Co., 1-800-317-1118 for information.

RANCH FOR SALE: 4400 acres, Endiang area. Approximately 1/2 tame grass, 500 acres seeded alfalfa 99. Ample livestock water, \$50,000. spent fencing 99. All weather roads, no buildings, oil revenue. Contact Allan Fleming Realty Ltd., 780-842-3872; 780-806-3302. Fax 780-842-5708.

GULL LAKE. Hillside acreage's. golf, marina, beaches. 1-403-748-3773.

ALBERTA FOOTHILLS grain and cattle ranch. 1760 acres, productive, scenic. Two good houses, shop, sheds, barns. Reasonable. Dalin Pack - Sutton Group Cardston 403-653-2439.

SOUTHWEST ALBERTA 200 cow foothills ranch retreat. Excellent buildings, facilities, water, shelter. Panoramic view. Several ranches, recreation, river properties. Jack Folsom, Sutton Group, 1-403-626-3232, anytime.

21 RECREATIONAL

1987 KOMFORT HOLIDAY TRAILER - 18-1/2 ft. with awning, full bath, very clean and in good condition. Asking \$8,500. Phone 724-2350; 645-0094. Apr18

1980 HONDA CX 500 DELUXE - Shaft drive and water cooled. Excellent condition, \$750. Call Denis 645-3709. Apr11

TOP DOLLAR PAID for late model RVs. We will pay you immediately for late model, good condition, clean RVs. Woody's RV World, Calgary. 1-800-531-4695, 403-240-1212.

EASY CASH for your used R.V. Instant and hassle free. (1984 or newer). 403-341-5554. (Call collect and save). Capital R.V., 1780 - 49 Ave., Red Deer.

22 SERVICES

Gwenythe's
Mending & Cleaning Services

- Patching & mending of coveralls for the oilpatch
- Spring cleaning & yard work

Any job big or small!
Give me a call at 724-2152

22 SERVICES

WILL DO ALL TYPES OF WORK - With Bobcat, also fencing and corral building. Phone 780-645-4009 Monday to Thursday evenings; all day Friday and Saturday 780-726-4544. Apr25

CRIMINAL RECORD? Canadian pardon seals record. U.S. waiver removes risk of arrest, deportation, property confiscation. Canadian/U.S. immigration agents. 1-800-347-2540. Uncontested Divorce? Separation Agreements? Incorporation? Fast, simple, inexpensive. 1-800-320-2477.

STUD SERVICES. Black and White Homozygous Paint Stallions Sire 3 times Congress Superhorse, reining, etc. \$800. LCFG. Black and White Tobino Summerbreeze grandson. LCFG \$500. Palimo Tobino stud Doc'o'lana, etc. \$400. 780-698-2685; 780-307-1712.

MOVING? Quality moving services provided by an Alberta family owned company. "Handle With Care" can move you in and around Alberta, Canada, U.S.A. 1-888-253-3307.

24 TRAVEL

www.grizinn.com/ 1-800-661-0118 TWO EASY ways to contact us for reasonable vacation or travel accommodation in Fernie, BC - Griz Inn Sport Hotel-On the Mountain.

LUXURY GOLF CHALETs for rent in Kimberley summer Resort. Golf Trickle Creek and St. Eugene. Kitchens, hot tubs, B.B.Q's. Daily, weekly, monthly. Starting at \$195/week/studio. Call 1-877-600-8001.

TIMESHARE RESALES. To buy, sell or rent worldwide. World's largest reseller. ERA Stroman since 1979. Buyers call 1-800-613-7987. Sellers call 1-800-201-0864. Internet: www.stroman.com.

25 WANTED

WANTED - 1956 F100 Ford 1/2-ton truck. Phone 780-632-4852, Vegreville, leave message. Apr18

WANTED TO BUY - Ford Extra cab or crew cab diesel. 250-371-2129.

There's a better way to move that old furniture...

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Unload your unwanted items and pick up some quick cash!

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Classified Ad Deadline - Thursday at 4:00 p.m.

FOR SALE

1988, 24 ft. Vanguard
Awning, Bunkbeds,
Showers, Tub, etc.

Must Sell. 780-943-2243

Wanted Immediately
Temporary / Part-Time

**HOUSEKEEPER
KITCHEN AIDE**

Night Shift

**APPLY TO: ALVINA
BOX 780
ELK POINT, AB
T0A 1A0**



Apartments for Rent

1, 2 & 3 bedroom, in Elk Point
Furnished or Unfurnished

Aime Real Estate

Contact: Hillview A - (780) 724-4248

Hillview B - (780) 724-4713

Lou B. Ray - (780) 724-4138 or

Mary Ann - (780) 826-2250 for more information

10% Discount for Seniors

EMPLOYMENT OPPORTUNITY

Seeking responsible individuals
from May 1 - September 30, 2000

Send Resume to:

Green Acres Sod Farm
Box 65
Elk Point, AB T0A 1A0

For more information call 780-724-2022

County of St. Paul No. 19

Student Employment Opportunity

SUMMER TEMPORARY EMPLOYMENT PROGRAM
(S.T.E.P.)

Applications are being accepted for S.T.E.P. positions in the Municipal Recreation Areas of the County of St. Paul No. 19.

These positions are seasonal, commencing May 1 through to August 31.

Duties include assisting the Park Attendant, in all facets of maintenance.

For further details, please contact:

Glenn Zayac, Parks Co-ordinator
County of St. Paul No. 19

5015 - 49 Avenue

St. Paul, AB T0A 3A4

Phone (780) 645-3301 or Fax (780) 645-3104



County of St. Paul No. 19

Employment Opportunity

PARK ATTENDANT
Westcove Municipal
Recreation Area

Applications are being accepted for the position of Park Attendant at the Municipal Recreation Area on Vincent Lake.

This position would be seasonal employment, as the Park is in operation from May through September.

Duties include all facets of maintenance, park supervision and collection of park fees. Living accommodations are provided on site.

Applications should include any previous experience, references, as well as expected salary.

The closing date for applications is April 18, 2000

For further details, please contact:

Glenn Zayac, Parks Coordinator

County of St. Paul No. 19

5015 - 49 Avenue, St. Paul, AB T0A 3A4

Phone 645-3301 • Fax 645-3104

what's NEWS at the LIBRARY?

New books for spring blossom at Elk Point Library

By Daphne Schnurer
Librarian

A special thank you to everyone who has donated books to the library recently, both for our collection and for the spring book sale. Your generosity is greatly appreciated.

Get Gardening!

Brand new on our shelves for spring are two books by Alberta's new Lieutenant Governor, Lois Hole. Mrs. Hole is known across Canada as a garden expert, and these are the latest in a growing series of books on horticultural topics.

I'll Never Marry a Farmer mixes autobiography with garden tips in a brightly illustrated volume which tells the story of the Hole family's business, from selling excess garden produce and bedding plants from their back door to the current massive greenhouse complex which serves up to 3000 customers a day. Tucked in between the great stories of raising a family and growing a business is information on over 25 of Hole's favorite vegetables, with growing tips and recommendations as to varieties

for each.

Brand new this year is **Lois Hole's Herbs and Edible Flowers: Gardening for the Kitchen**, an easy to use, comprehensive guide to growing 25 of Hole's favorite herbs and edible flowers, combined with recipes by professional chefs John Butler and Joyce Pearson to help you use and enjoy your home-grown herbs. Where and when to plant, how much to grow, best varieties, how to harvest, dry and freeze the herbs, how to make potpourri and herb vinegars are

among the information included in the beautifully illustrated volume.

More New Books

The Broken Hearts Club is a thriller by Ethan Black. Black takes his readers down into the twisted tunnels of the serial killer's mind.

New York Times best seller, **A Patchwork Planet** by Anne Tyler is a wonderfully humorous, tender look at life.

Also just in - the latest in the **Sweet Valley University** series,

Pioneer Circle bingo

April 3, 2000

Bev Youngchief \$30, Jenny Lajimodiore \$15, Alphonse Amahoose \$15, Stephanie John \$30, Alex Smereka \$30, Debbie Orr \$15, Liz White \$15, Adella Jennissen \$30, Lil Radesh \$30, Walter Anderson \$30, Judy Smith \$30, Ed Eddy \$10, Jean Russell \$10, Vic Aarbo \$10, Phyllis Zarowny \$30, Sophie Stamp \$15, William Dion \$15, Anne Buck \$30, Melvin McGinnis \$30, Alice Drielich \$30, Debbie Jenkins \$13, Vi Lillemoen \$13, Ed Eddy \$64, Lucy Smereka \$25, William Dion \$50, Debbie Youngchief \$34, Lucy Smereka \$34, Debbie Orr \$34, Liz White \$68.

Friends Forever and Angel Wings.

Tea Time

Our Seniors Easter Tea was very enjoyable, with Vicki Brooker entertaining us with some poetry, excellent treats, and our ladies in attendance were boasting some pretty spiffy Easter bonnets. Thank you to Sherry Pelech and Vicki Brooker for all their help. I look forward to our next excursion.

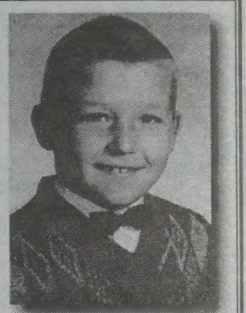
Dates to

Remember

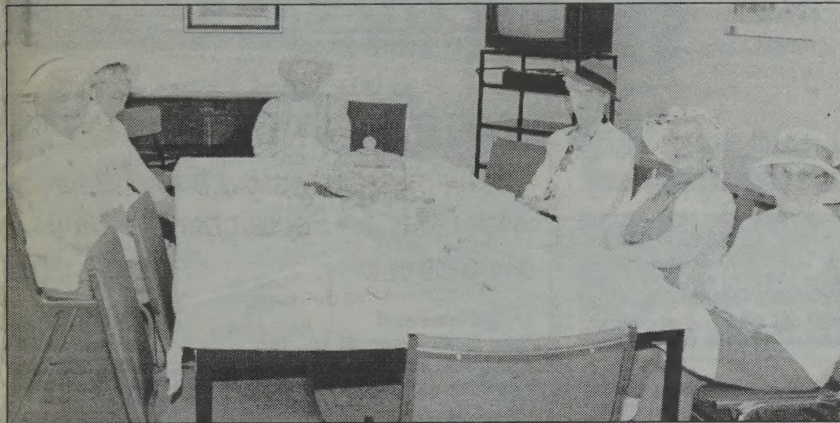
April 14 - Storytime Easter Party - come and help us create some special bunnies, all ready to collect Easter treats.

May 2 - Seniors Tea - Join us at 1 p.m. for an informative and enjoyable outing to Meadowview Greenhouses.

June 3 - Spring Book Sale



Lordy! Lordy!
The cabbage is 40!
Love, the Family



IN THEIR EASTER BONNETS -- Ladies attending last Tuesday's Seniors Tea at the Elk Point Public Library were all set for the season in spiffy Easter bonnets. The ladies enjoyed some spring poems and a look at a few of the library's newest and most beautiful gardening books.

review

COMMUNITY NEWSLINE

Spring Supper & Auction - Elk Point United Church, Tuesday, April 11, 2000. 5 p.m. to 7 p.m. Call 724-3616 or 724-4072 for more information

"Mother to Mother" Breastfeeding Support Group - meets 4th Monday of every month, 10 a.m. Call 724-3332 for more info. Expectant mothers and older siblings welcome.

Elk Point Parent Nursery - Every Wednesday, 10 a.m. to Noon, Elk Point United Church Hall. Children under 6 and parents welcome. For more info, call Brenda Hayman, 724-3192 or Erin Mohyluk, 741-2140.

Al-Anon Family Group Meeting, Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

T.O.P.S. meets every Wednesday, 5:30 p.m. - 8:30 p.m., FCSS Office, Elk Point.

"New To Town" FCSS would like to welcome and familiarize new families with the services and programs available in town. Welcome packages contain a community directory, volunteer directory, coupons, maps and more! Call 724-3800 for more information or drop by 4902 - 51 Street.

Recycle Your Paper - Paper trailer is located at the west side of the bottle depot on Railway Ave.. We take newspapers, flyers, computer and bond paper. No milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

Elk Point Public Library - Mon. - CLOSED; Tues. and Thurs. 1 p.m. to 5:30 p.m.; Wed. 2 p.m. to 9 p.m.; Fri. 10 a.m. to 5 p.m.; Sat. 11 a.m. to 3 p.m.; Storytime - Fri at 10:30 a.m. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith, 724-2527.

Elk Point & Area "Stop Family Violence" Support Group - meetings are held 2 times a month. For more information call 724-2380, 724-3800 or 645-1950

Adoption Support Krew - meets the 2nd Mon. of every month at Social Services Bldg., St. Paul from 7:30 - 9:30 p.m.. For more info call 724-3031.

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.

Fine Arts at Elementary April 19

Elk Point Elementary School will be the site of a Fine Arts Performance on Wednesday, April 19 at 7:00 p.m. when the Elementary students will perform in four plays. Mark your calendars and don't miss this great evening of entertainment!

United Church news

THIS SUNDAY, April 16: The lectionary readings for this Sunday are as follows: Isaiah 50: 4-9a; Psalm 31:9-16; Philippians 2:5-11; Mark 14:1 - 15:47. This Sunday is called 'Palm Sunday' to mark the day Jesus made his final entry into Jerusalem mounted on a donkey and the people cheered him and threw down their cloaks and palm branches for him to work on.

Easter is the main festival of the Christian Church and the following activities are planned for our church:

Tuesday, April 11 - Spring Dinner and Silent Auction, 5:00 to 7:00 p.m.

Sunday, April 16 - Palm Sunday Service, 10:00 to 11:00 a.m.

Thursday, April 20 - Maundy Thursday Service - A reenactment of the Last Supper. 7:00 p.m.

Friday, April 21 - Good Friday Service, 7:00 p.m.

Sunday, April 23 - Easter Service - 10:00 to 11:00 a.m.

Lordy, Lordy! Look Who's 40!



HAPPY BIRTHDAY DWAYNE

CHURCH SERVICES

Elk Point Baptist Church
5705 - 49 St., Elk Point
Pastor Jim MacLellan - 724-4194
Family Worship Service
Sundays - 10:00 a.m.
Sunday School for All Ages - 11:15 a.m.

Call Church answering service for current programs and times.
Elk Point Christian Community Church
Rev. Sam Donaldson - 724-2493.
Railway Avenue and 53 St.
Sunday Worship Service - 11:00 a.m.; Sunday School - 11:00 a.m.; Office hours - Thurs. & Fri. 9 a.m. - 12 noon

St. Michael's Catholic Church
Sunday Mass 12 p.m.
Bethel Lutheran Church of Lea Park
Sunday Worship Services, 10:30 a.m.
1st 3 Sundays of the month

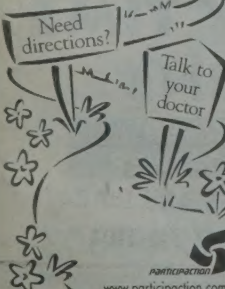
St. Vladmirs' Ukrainian Orthodox Church Elk Point
For service times, call 645-5156, St. Paul or 724-4351, Elk Point.

United Church of Canada
4822 - 50 Ave., Elk Point
Rev. Jope Langejans - 724-3616
Worship Service - Sunday 10:00 a.m.
Sunday School 10:00 a.m.
"Come and be Welcomed - Come and Be Nurtured"

Bible Fellowship Church
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Shows Nightly at 7:05 & 9:25 Sat. & Sun. Matinees 2:05

business DIRECTORY

Driver training available at F. G. Miller High School

Elk Point residents are now able to access driver training right here in their own community. A course involving 18 hours of interactive classroom instruction and 10 hours of in-car instruction is being offered at F. G. Miller High School by the AMA. The course teaches the

defensive sense of driving, anticipation and avoidance of risky situations, along with the reactive skills to handle situations that cannot be avoided. Emergency maneuvers taught to the students give not only reassurance of their skill

level but also reinforce proactive skills such as good vision and anticipation of risk. The classroom sessions go April 17, 19, 25 and 26, May 1 and 3 from 3:30 to 6:30 p.m. at F. G. Miller. More information on the course and how to register for it is available from the school.

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business DIRECTORY

When can those cows begin grazing?

When spring is in the air, it's always tempting to put cattle out on pasture and reduce feeding time and costs, and in some cases, reduce disease problems such as calf scours. But what affect does early or continuous grazing have on the quality and quantity of pasture?

"Research clearly shows total dry matter production from two cuts or grazings is greater than taking three, four or

more cuts or grazings per year. So, when cattle are placed on pasture earlier, there is less total dry matter production during the growing season," says Harvey Yoder, forage specialist with Alberta Agriculture, Food and Rural Development, Lac La Biche. "Continuous grazing will lower the dry matter production considerably when compared to pasture where a grazing system has been used that allows for rest

periods two to four times per year."

Plants require food for growth. They make their own food through photosynthesis, a process unique to green plants. Photosynthesis will only occur when plants have green leaves, stems or both. The photosynthesis process allows the plant to build up carbohydrate reserves to be used for early spring growth or for growth at any time after the plant has been grazed or cut.

"The lowest level of carbohydrates in grass plants occurs in the spring after the plants are in the 2 - 4-leaf stage," continues Yoder. "Grazing in early spring reduces the plant's ability to capture sunlight to build up carbohydrate levels in the crown and roots. Continuously grazed, these same plants become weaker and eventually die if never given the chance to rest and build up the needed carbohydrate levels needed for growth. During rest periods there is more top growth that allows a greater storage of carbohydrates and root development. When these plants don't obtain sufficient top growth, there will be limited response to spring fertilizer applications."

Not all grasses are the same and some varieties can withstand continuous grazing, while others cannot. All grass plants have a growing point. In grasses such as timothy, smooth brome grass and alfalfa the growing point is at the top of the stem.

When the stem is cut or grazed, there is no more production on that particular stem. New production must come from the crown or base of the plant. Grasses such as creeping red fescue, crested wheat grass and meadow brome grass have growing points that are much closer to the ground. These plants have the ability to regrow faster than plants having a higher growing point. Lawn grass, which is generally made up from Kentucky blue grass and creeping red fescue can be mowed on a weekly basis without there being any growth problems.

"If cattle will be grazing on creeping red fescue, crested wheat grass and meadow foxtail, all which have low growing points, producers can begin grazing earlier than other grasses," says Yoder. "Ideally, it would be best to wait until there is six to eight inches of growth before grazing begins. When planning grazing rotations, it's important to remember that there is considerably faster growth in the spring compared to later in summer when growth declines. In other words, the faster the grass is growing, the faster the rotation should be."

Grazing too early certainly reduces a pasture's ability to be productive and to remain healthy. If pasture grasses don't have the opportunity to build a good top growth that can collect the needed energy from the sun, producers can expect less pasture production.

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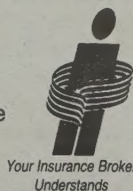
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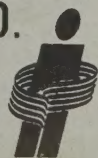
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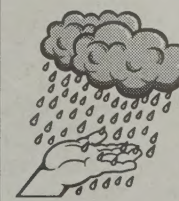


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review SPORTS

Where are all of our ball players?

By Doug Bassett
Review Sports

Where's all our ball players? This is not a new story, two years ago we did the same sad story on the decline of baseball. And the numbers are still dropping, and it's not just here, baseball has declined in all of Alberta. Baseball Alberta registrations have dropped from 15,000 four years ago to just about 10,000. So where have all the ball players gone, and why?

One of the reasons has to be soccer. Soccer is a growing sport, it's cheap and it gives all the kids a chance to participate all of the time. Then there's golf. The nice thing about golf, parents don't have to volunteer to coach, fundraise or drive to games. Just drop your kid off, and hasta la vista, see

you later baby for two to three hours, or in some cases, all day. Is it a golf course or a day care? And hey, there's nothing wrong with that, but can't the kids play golf and ball too? Ball season is short, you can golf all summer.

So, what if we don't keep a ball program going. So, what if there are not enough kids registered in a certain category, who cares if the ones who are left and wish to play are out of luck? That brings us to another problem. What if we get enough kids to play in a certain category, but unfortunately no one is willing to coach. Then what? No coach, no program! What is the biggest excuse for not helping with a team? "I'm too busy." Everyone is busy, so don't give us that!

The point is, we worked really hard to build these facilities so our children could have a place to play. Why do you think we are the host site for the Midget Provincials year after year and are going to be the host site again this year? Because we have one of the finest facilities in all of North Eastern Alberta. But wouldn't it be a shame if, two or three years from now, some kids who want to play midget ball can't, because we don't even have a midget ball team because everyone was too busy to keep it going?

OK, did I make you feel bad, do you feel guilty? Good, someone has to be held accountable. Now, let's make you feel better. Here's some really good news. Elk Point Minor Ball has a new president. Laverne Wilson has volunteered to take on the task and his goal is to keep the ball rolling in Elk Point and increase the registration numbers and have a team at every level. Registrations will be held on Wednesday, April 12 and Thursday, April 13, 7:00 to 9:00 p.m. at the A. G. Ross Arena. And on Wednesday, April 12 just before the registration, Minor Ball will hold its first organizational meeting.

And just to make it clear, just because you haven't played for the last few years, doesn't mean you can't come back to play. Don't worry about making the major leagues. It's not like hockey, nobody's going to stop you from playing because you're not good enough to make the N.H.L., but don't forget, Larry Walker got his start somewhere in minor ball in Canada.

Take another look at ball. You don't know what you're missing.



ELK POINT GYMKHANA CLUB Senior Open winners were (left to right) Ruby Braconnier, High Point; Chris Shankowski, Runner-Up; Jean McMillan, third and Melissa Langdon, fourth. All have participated in monthly gymkhanas since October, with the series finals held this past Sunday.



GYMKHANA JUNIOR WINNERS were (left to right) Tara Campbell, High Point; Morgan Ferguson, Runner-Up; Dana McMillan, third and Ashley Galloway, fourth. All junior gymkhana participants received t-shirts courtesy of Jean and Duncan McMillan.

Elk Point & District's MINOR BALL REGISTRATIONS

(all levels)

Wednesday & Thursday
April 12 / 13, 2000 at
A.G. Ross Arena
7:00 - 9:00 PM

BASEBALL

Rookie (D.O.B. 91 - 92)	\$25.00
Mosquito (D.O.B. 89 - 90)	\$35.00
Pee Wee (D.O.B. 87 - 88)	\$40.00
Bantam (D.O.B. 85 - 86)	\$45.00
Midget (D.O.B. 82, 83, 84)	\$50.00

2000 SOFTBALL AGE CHART

Category: Before January 1, 2000
must be:

	Born in or later than:
Midget: Under 19	1981
Bantam: Under 16	1984
Pee Wee: Under 14	1986
Squirt: Under 12	1988
Mite: Under 10	1990



ANNUAL MEETING FOR MINOR BALL
6:00 pm

Wednesday, April 12, 2000
A.G. Ross Arena

All Welcome to Attend!

For more information contact
Laverne Wilson at 724-3878

PEEWEE WINNERS
were (left to right)
Courney Galloway,
first; Sarah Korpan;
and Chelsea
Walterhouse,
second.



Fun and Furry Horse Show coming April 30

Once again, the search for the furriest horse in the country is on. The Elk Point Agricultural Society will be hosting their annual Fun and Furry Horse Show at the Charlene G. Baker Memorial Arena on Sunday, April 30.

Entries will be taken starting at 8:00 a.m. for a full range of western and English riding classes in junior 13 and under, junior 14-17 and senior divisions, with the show getting underway at 9:00 a.m. Prizes will be given for first and second in

each class, with ribbons to sixth place. Junior and senior high point awards will be presented at the conclusion of the show.

A special award will also be given to the furriest horse entered in the show, so if your horse is still dressed in his or her

winter coat, trot on down and compete in that category as well.

To learn more about the show, call Connie at 724-4240 (evenings) or leave a message on her voice mail at 780-724-8093.